

Αρχές ανοσοθεραπείας του καρκίνου και ανοσολογικές ανεπιθύμητες ενέργειες

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Β'ΠΠΚ, ΠΓΝ Αττικών

Περιεχόμενα

- 1. Εισαγωγή-Ανοσοποιητικό σύστημα και καρκίνος
- 2. Ανοσο-ογκολογία
- 3. Ανταπόκριση στους immune checkpoint inhibitors
- 4. Ανεπιθύμητες ενέργειες
- 5. Ρευματολογική τοξικότητα
- 6. Προϋπάρχουσες αυτοάνοσες παθήσεις

Εισαγωγή

Overview

- Despite developments to the core therapeutic modalities of surgery, radiotherapy, and chemo/targeted therapy, there remains room for improving survival, particularly for patients with advanced cancer^{1–3}
- The immune system has a natural response to cancer, recognizing and eliminating tumor cells from the body throughout life⁴
- The ability to evade immune destruction is a defining characteristic of most cancers⁵
- I-O is an evolving treatment modality encompassing agents designed to harness the patient's own immune system to fight cancer, countering tumor immune escape mechanisms^{6,7}
- I-O is being studied for its potential to provide long-term survival and become a new modality of treatment for multiple tumor types^{7–9}

I-O = immuno-oncology.

1. DeVita VT Jr, et al. *N Engl J Med*. 2012;366:2207–2214; 2. Kirkwood JM, et al. *CA Cancer J Clin*. 2012;62:309–335; 3. Surveillance, Epidemiology and End Results (SEER) Program. <http://seer.cancer.gov>; 4. Vesely MD, et al. *Annu Rev Immunol*. 2011;29:235–271; 5. Hanahan D, et al. *Cell*. 2011;144:646–674; 6. Finn OJ. *Ann Oncol*. 2012;23(suppl 8):viii6–viii9; 7. Eggermont AM. *Ann Oncol*. 2012;23(suppl 8):viii53–viii57; 8. Hodi FS, et al. *N Engl J Med*. 2010;363:711–723; 9. Kantoff PW, et al. *N Engl J Med*. 2010;363:411–422.

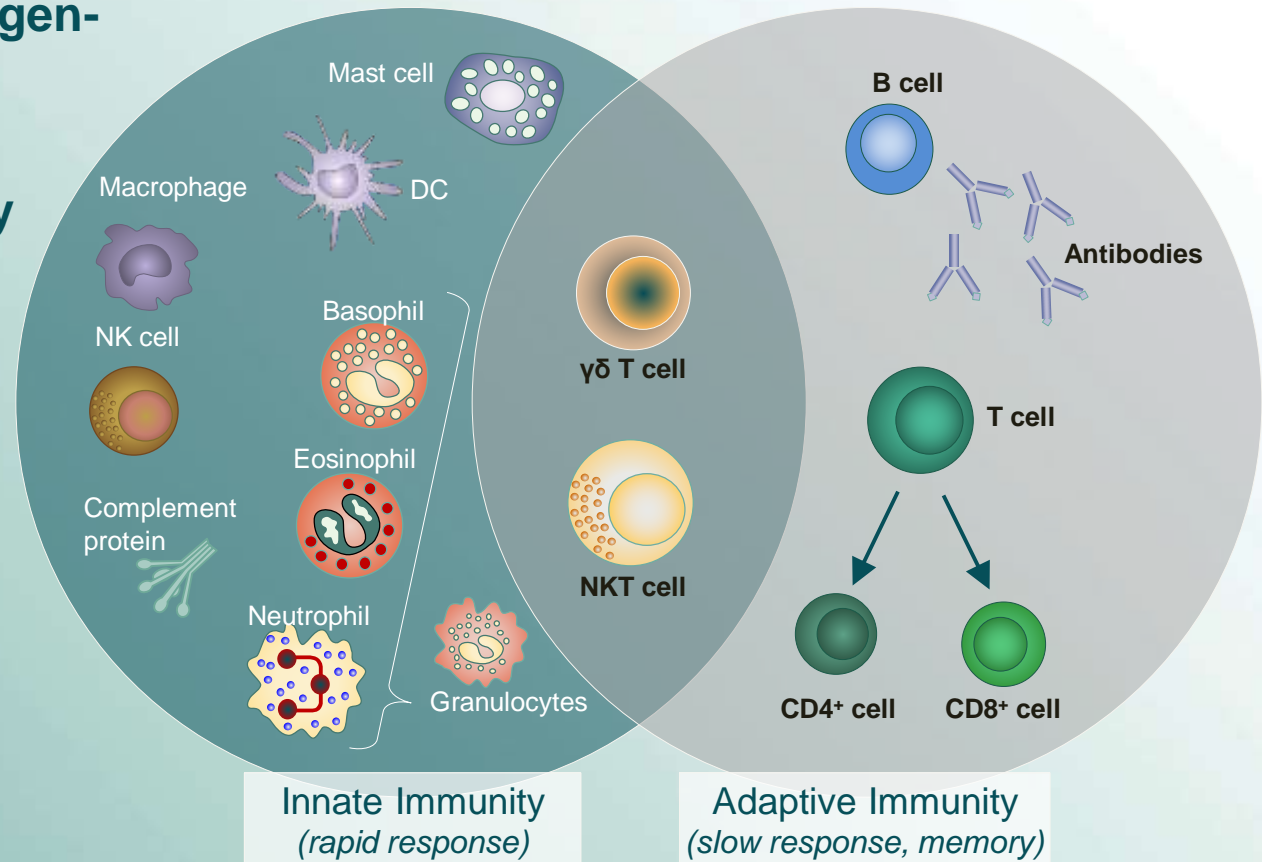
The Immune System and Cancer

Cells of the Immune System

- **Innate immune system:** involving proteins (chemokines and cytokines) and cells, is considered to be the first line of immune defense and does not generate an antigen-specific response^{1,2}

- **Adaptive immune system:** mediated by B and T cells is highly specific and capable of generating an antigen-specific response^{1,2}

- Induction requires presentation of antigens by cells of the innate immune system

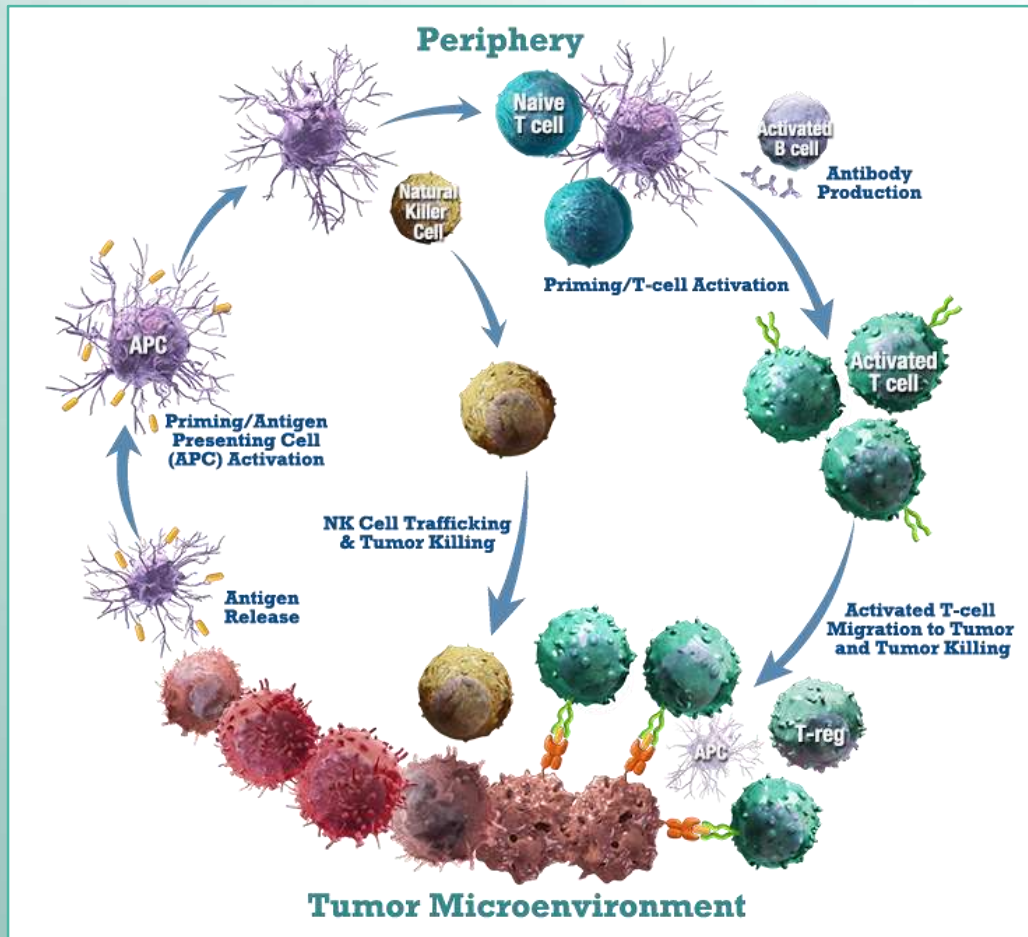


DC = dendritic cell; NK = natural killer.

1. Dranoff G. *Nat Rev Cancer*. 2004;4:11–22; 2. Janeway CA, et al. *Immunobiology: The Immune System in Health and Disease*. 6th ed. New York, NY: Garland Science; 2004.

Adapted from Dranoff G.¹

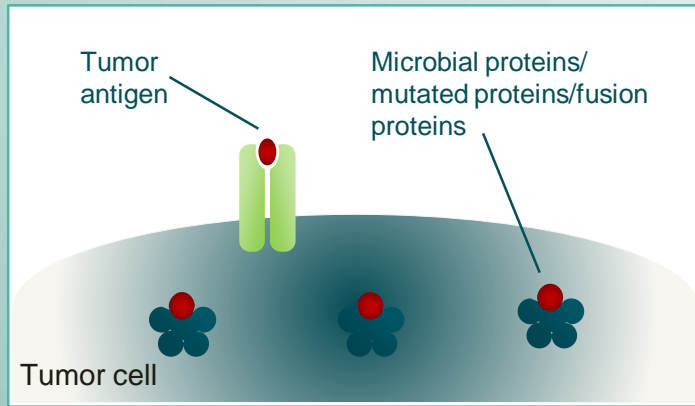
The Immune System Recognizes and Eliminates Cancer Via Multiple, Complex Mechanisms



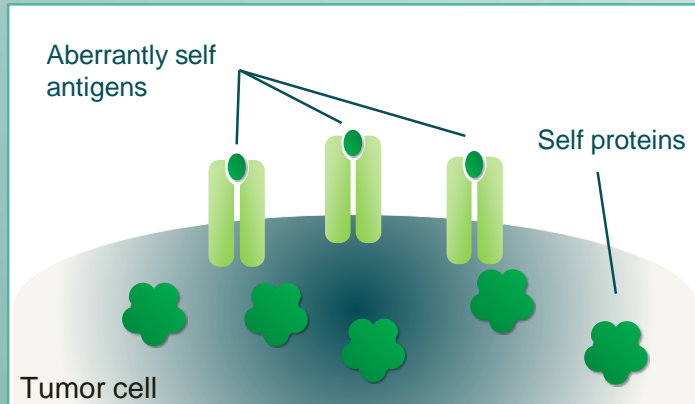
1. Janeway CA, et al. *Immunobiology: The Immune System in Health and Disease*. 6th ed. New York, NY: Garland Science; 2004;
2. Padmanabhan RR, et al. *J Leuk Biol*. 1988;43:509–519;
3. Kim R, et al. *Immunology*. 2007;121:1–14;
4. Vivier E, et al. *Science*. 2011;331:44–49;
5. Dunn GP, et al. *Nat Immunol*. 2002;3:991–998.

Tumor Recognition by the Immune System

A



B



Adapted from Janeway CA, et al.¹

- The immune system protects the body against disease; to do this it must distinguish a variety of pathogens/abnormal cells from the body's own healthy tissue¹
- The immune system can identify and eliminate tumor cells based on their expression of tumor-specific antigens via a process termed immunosurveillance (A)^{1,2}
 - Tumors can express microbial proteins, mutated proteins, and fusion proteins
- The immune system can also recognize aberrantly expressed self proteins^a (B)^{1,2}

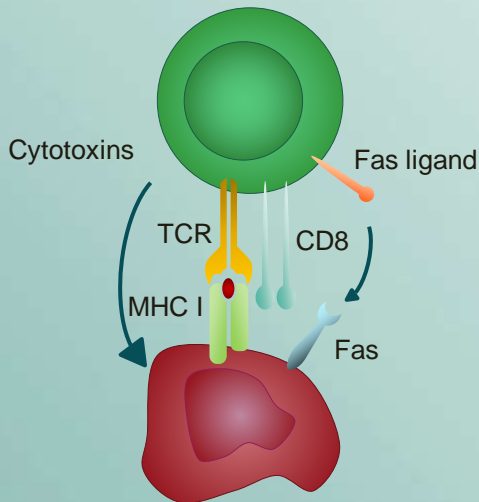
^aSelf proteins are proteins normally produced by the body's healthy cells.

1. Janeway CA, et al. *Immunobiology*. 2008; 2. Vesely MD, et al. *Ann Rev Immunol*. 2011;29:235–271.

Key Effector Cells Involved in an Antitumor Immune Response

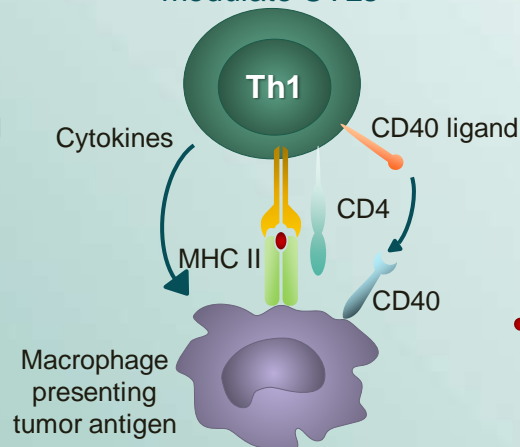
CD8⁺ Effector T cells¹

Destroy tumor cells

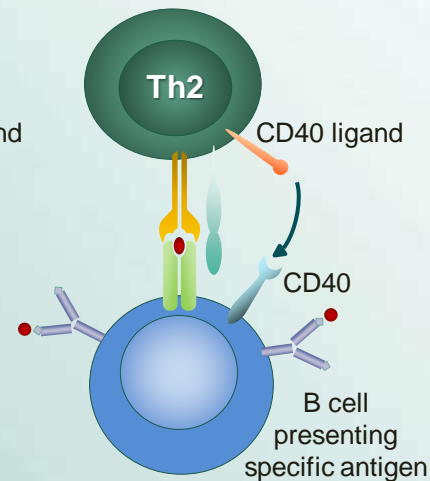


Th1 CD4⁺ Helper T cells^{1,2}

Produce cytokines that mediate inflammatory and effector responses; modulate CTLs

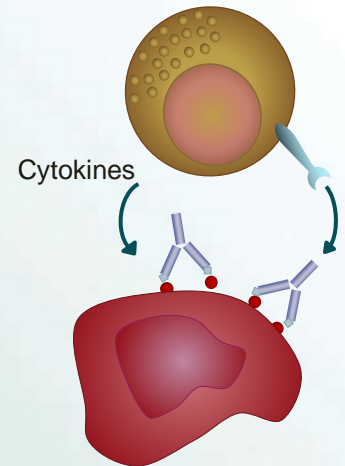


Help B cells make antibody; modulate CTLs



NK cells³

Destroy antibody-coated tumor cells or tumor cells lacking MHC I



Key cytotoxic effector molecules

Perforin
Granzymes
Granulysin
Fas ligand

Key effector molecules

IFN- γ
GM-CSF
TNF- α
CD40 ligand
Fas ligand

Key effector molecules

IL-4
IL-5
IL-15
CD40 ligand

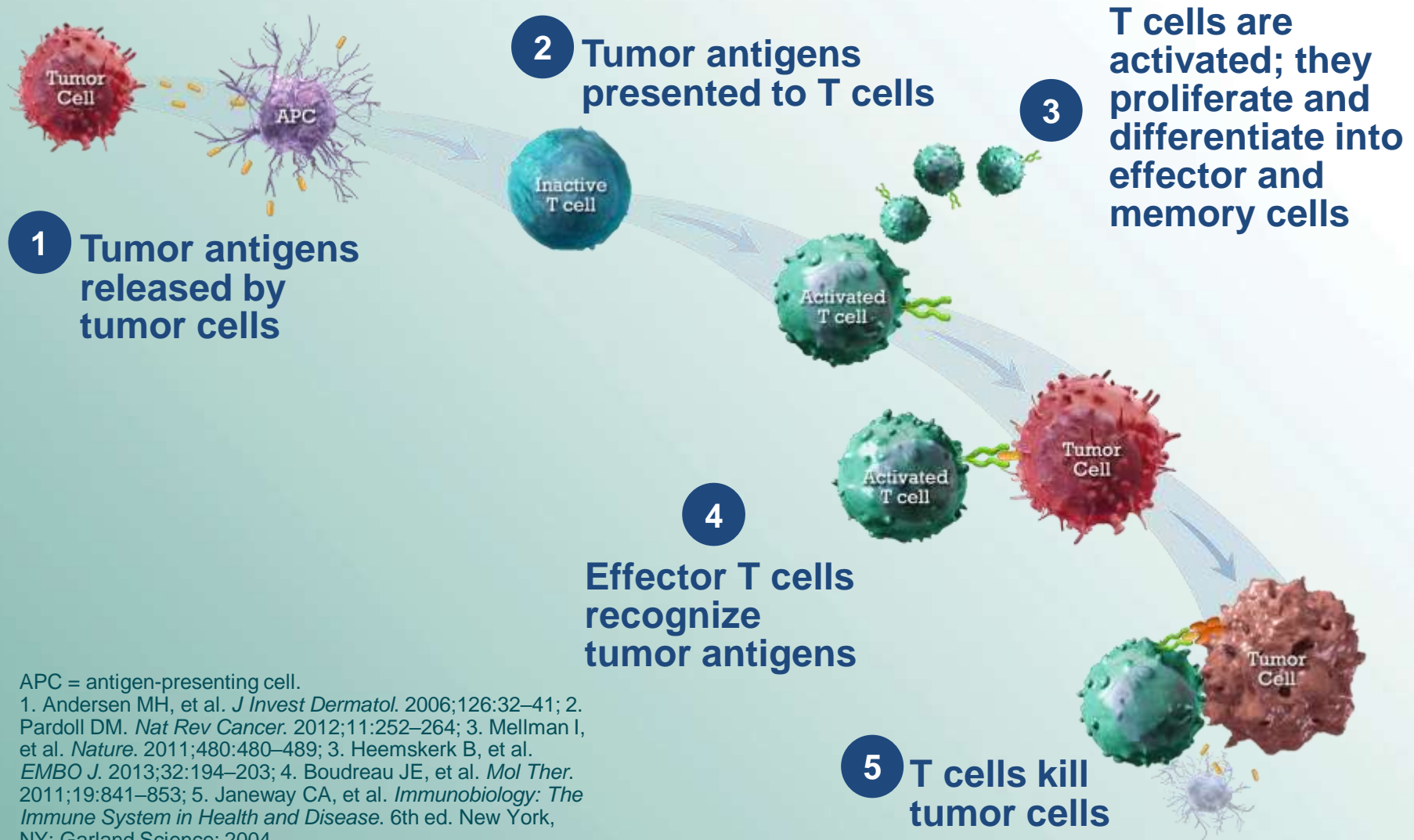
Key effector molecules

IFN- γ
TNF- α

CTL = cytotoxic T lymphocyte; GM-CSF = granulocyte macrophage-colony stimulating factor; IFN = interferon; IL = interleukin; MHC = major histocompatibility complex; TCR = T cell receptor; Th = T helper cell; TNF = tumor necrosis factor.

1. Janeway CA, et al. *Immunobiology*. 2008; 2. Pardoll D. *Nat Rev Cancer*. 2012;12:252–264; 3. Vivier E, et al. *Nat Immunol*. 2008;9:503–510.

The T-Cell Antitumor Response¹⁻⁶

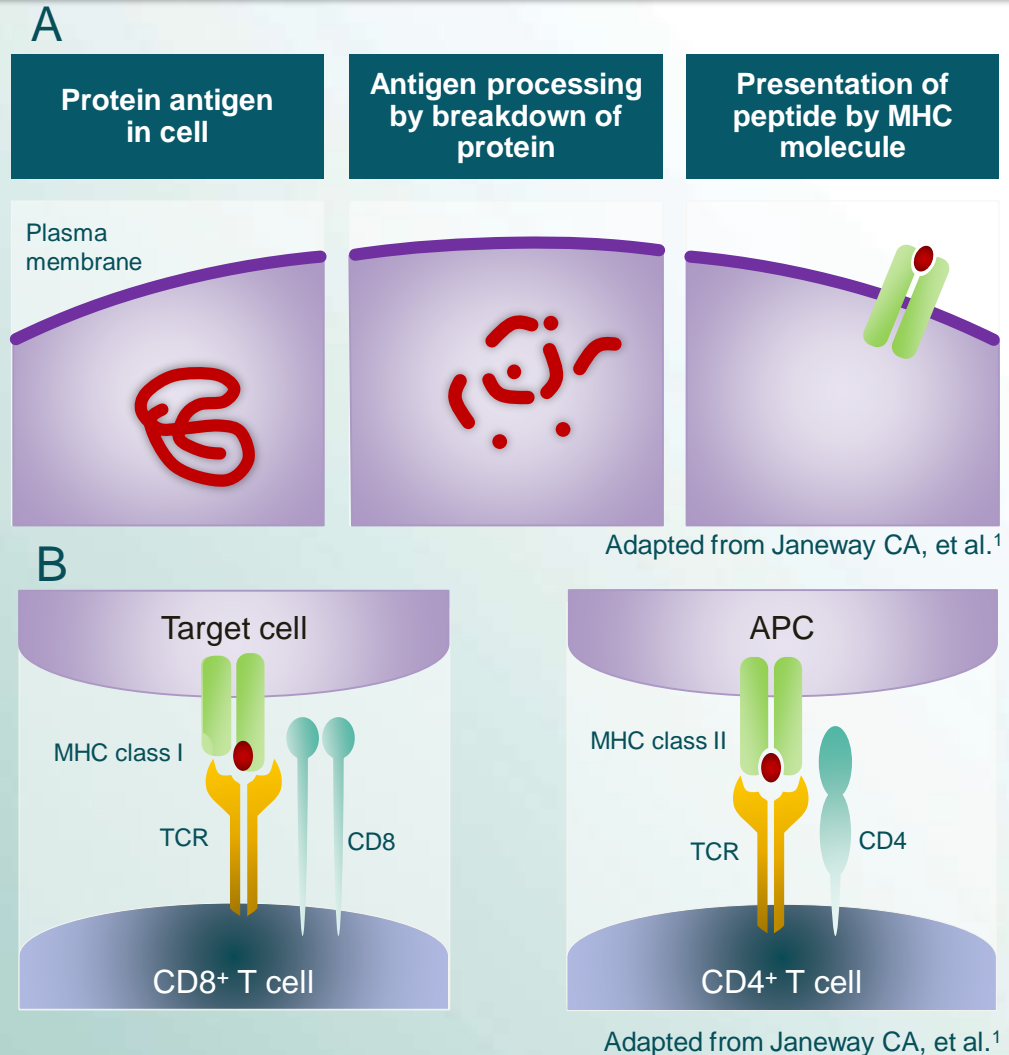


APC = antigen-presenting cell.

1. Andersen MH, et al. *J Invest Dermatol.* 2006;126:32–41; 2. Pardoll DM. *Nat Rev Cancer.* 2012;11:252–264; 3. Mellman I, et al. *Nature.* 2011;480:480–489; 3. Heemskerk B, et al. *EMBO J.* 2013;32:194–203; 4. Boudreau JE, et al. *Mol Ther.* 2011;19:841–853; 5. Janeway CA, et al. *Immunobiology: The Immune System in Health and Disease.* 6th ed. New York, NY: Garland Science; 2004.

Tumor Antigen Presentation to T cells

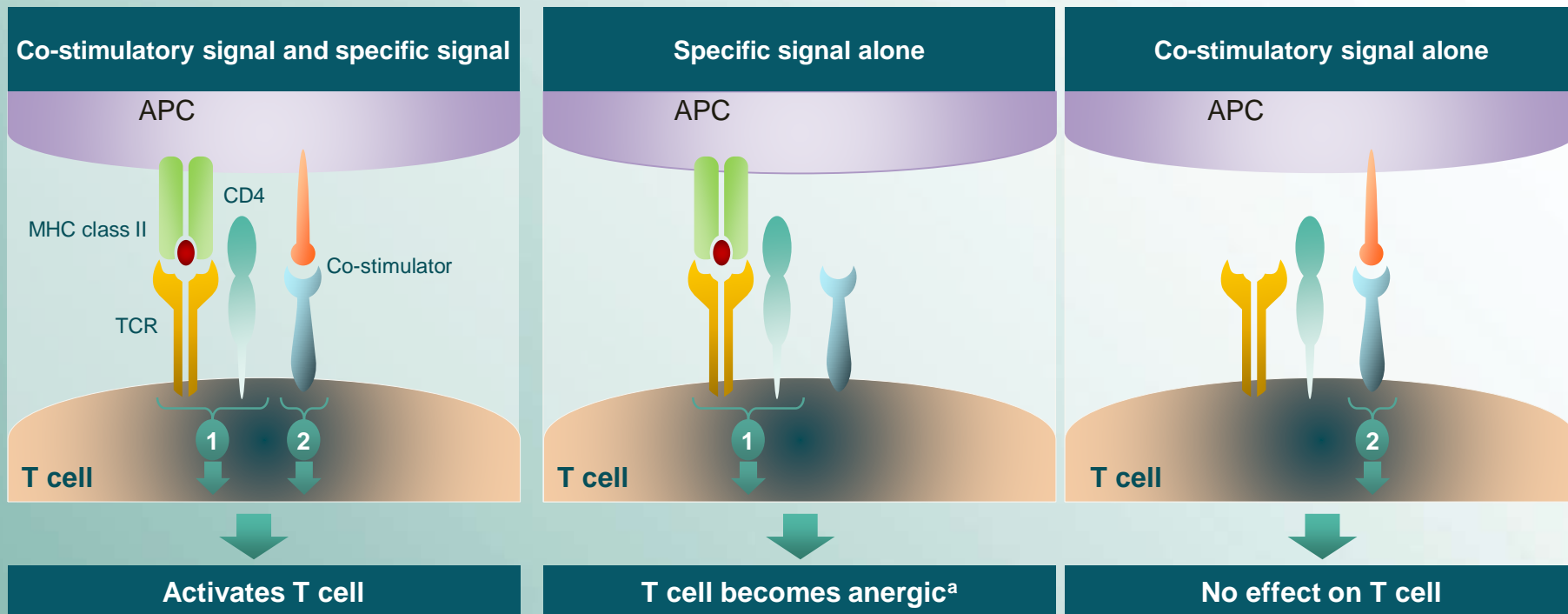
- DCs, macrophages, and B cells are the most common “professional” APCs^{1,2}
- T cells can only recognize an antigen when it is “presented” to them by an APC^{1,2} (Figs A and B)
 - Antigens are presented as peptide fragments in MHC¹ (Fig A)
 - Tumor cells that downregulate MHC may evade detection by the immune system and escape immune attack²
- Antigen presentation is not required for antibody activity or initiating innate immunity^{1,2}



1. Janeway CA, et al. *Immunobiology*. 2008; 2. Vesely MD, et al. *Ann Rev Immunol*. 2011;29:235–271.

Activation of Naïve T Cells

- T cells require multiple signals to become fully activated¹
- In addition to antigen stimulation in the context of MHC molecules, positive co-stimulation is required¹
- Co-stimulatory or activating receptors include CD28, CD137, CD40, and OX-40²

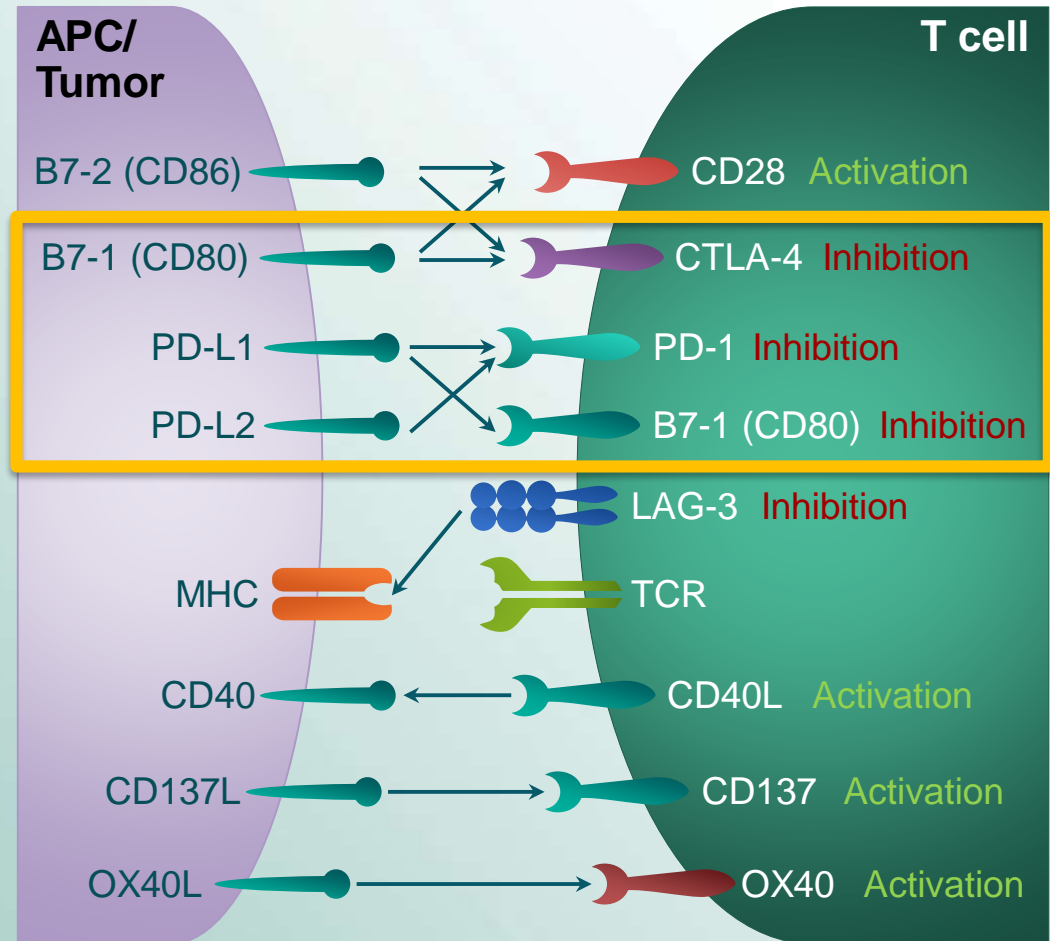


^aAnergy describes a state of functional inactivation.

1. Janeway CA, et al. *Immunobiology*. 2008; 2. Pardoll DM. *Nat Rev Cancer*. 2012;12:252–264.

Regulation of T-Cell Activation: Balancing Activating and Inhibitory Signals

- Immune checkpoints limit, or “check,” an ongoing immune response
- Prevents damage to the body’s healthy tissues
 - Negative co-stimulation, also called “co-inhibition,” helps shut down immune responses
 - PD-1, CTLA-4, and LAG-3 are examples of co-inhibitory “checkpoint” molecules
- Amplitude and quality of a T-cell response is regulated by a balance of activating and inhibitory signals



CTLA-4 = cytotoxic T-lymphocyte antigen-4; LAG-3 = lymphocyte activation gene-3; PD-1 = programmed death-1; PD-L1 = programmed death-ligand 1.

Pardoll DM. *Nat Rev Cancer*. 2012;12:252–264.

Evidence of an Antitumor Immune Response in Many Types of Cancer

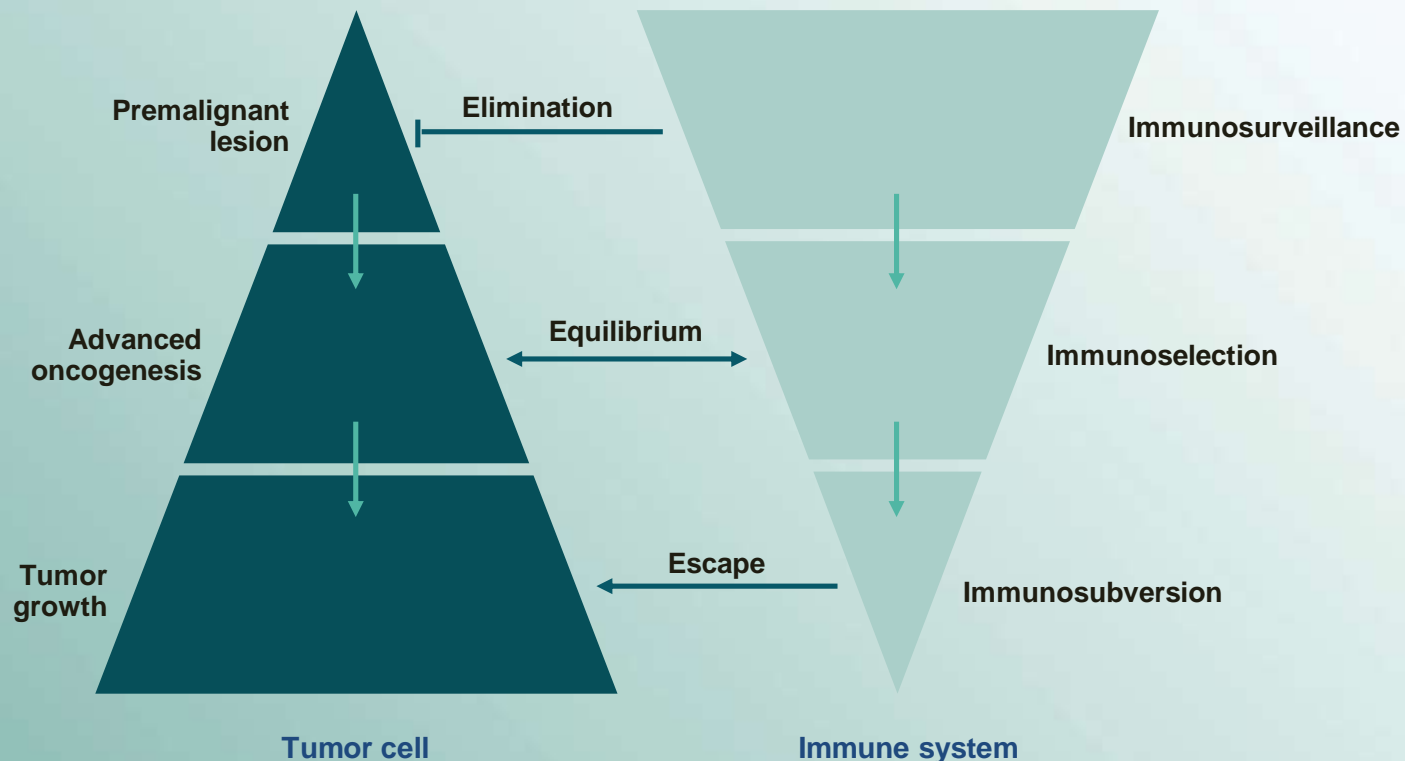
- In the presence of cancer, there is evidence that the immune system has responded to the tumor:^{1,2}
 - Antibodies against tumor antigens³
 - Tumor-specific T cells⁴
 - TILs⁵
- In some tumors, the infiltration of CD8⁺ effector T cells correlates with improved prognosis and therapy outcome^{6,7}
- Occasional reports of spontaneous regression of metastatic tumors proposed to be at least partly immune mediated^{5,8}

TILs = tumor-infiltrating lymphocytes.

1. Vesely MD, et al. *Annu Rev Immunol*. 2011;29:235–271; 2. Finn OJ. *Ann Oncol*. 2012;23(suppl 8):viii6–viii9; 3. Reuschenback M, et al. *Cancer Immunol Immunother*. 2009;58:1535–1544; 4. Godet Y, et al. *Clin Can Res*. 2012;18:2943–2953; 5. Mlecnik B, et al. *Cancer Metastasis Rev*. 2011;30:5–12; 6. Jochems C, et al. *Exp Biol Med* (Maywood). 2011;236:567–579; 7. Galon J, et al. *Science*. 2006;313:1960–1964; 8. Kallialis LV, et al. *Melanoma Res*. 2009;19:275–282.

How Tumors Escape the Immune System

- Numerous innate and adaptive cells and molecules participate in the recognition and destruction of cancer cells
- Tumor cells can avoid destruction through the outgrowth of cells not recognized by the immune system and/or adept at evading the immune response

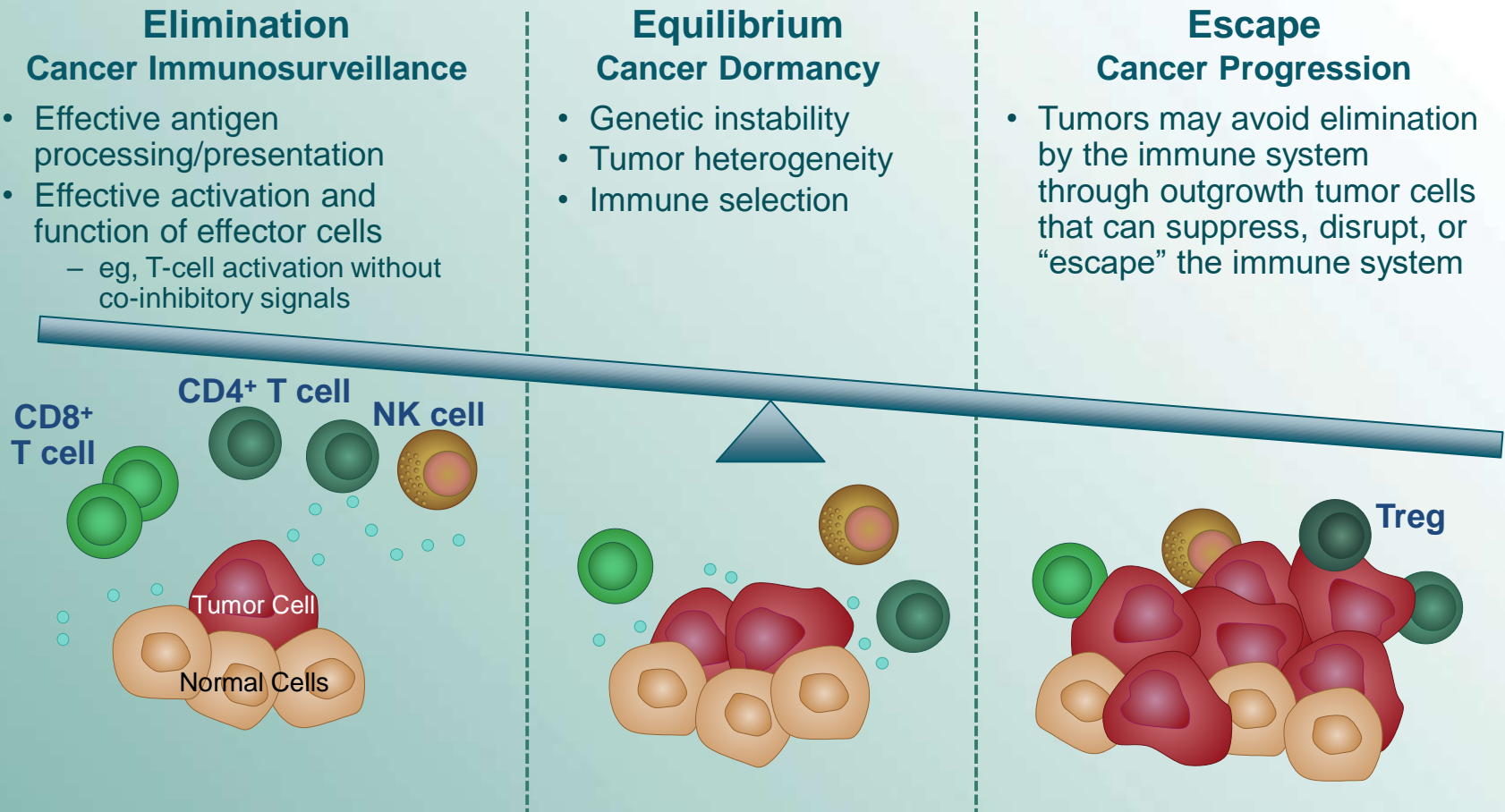


Adapted from Zitvogel L, et al. *Nat Rev Immunol.* 2006;6:715–727.

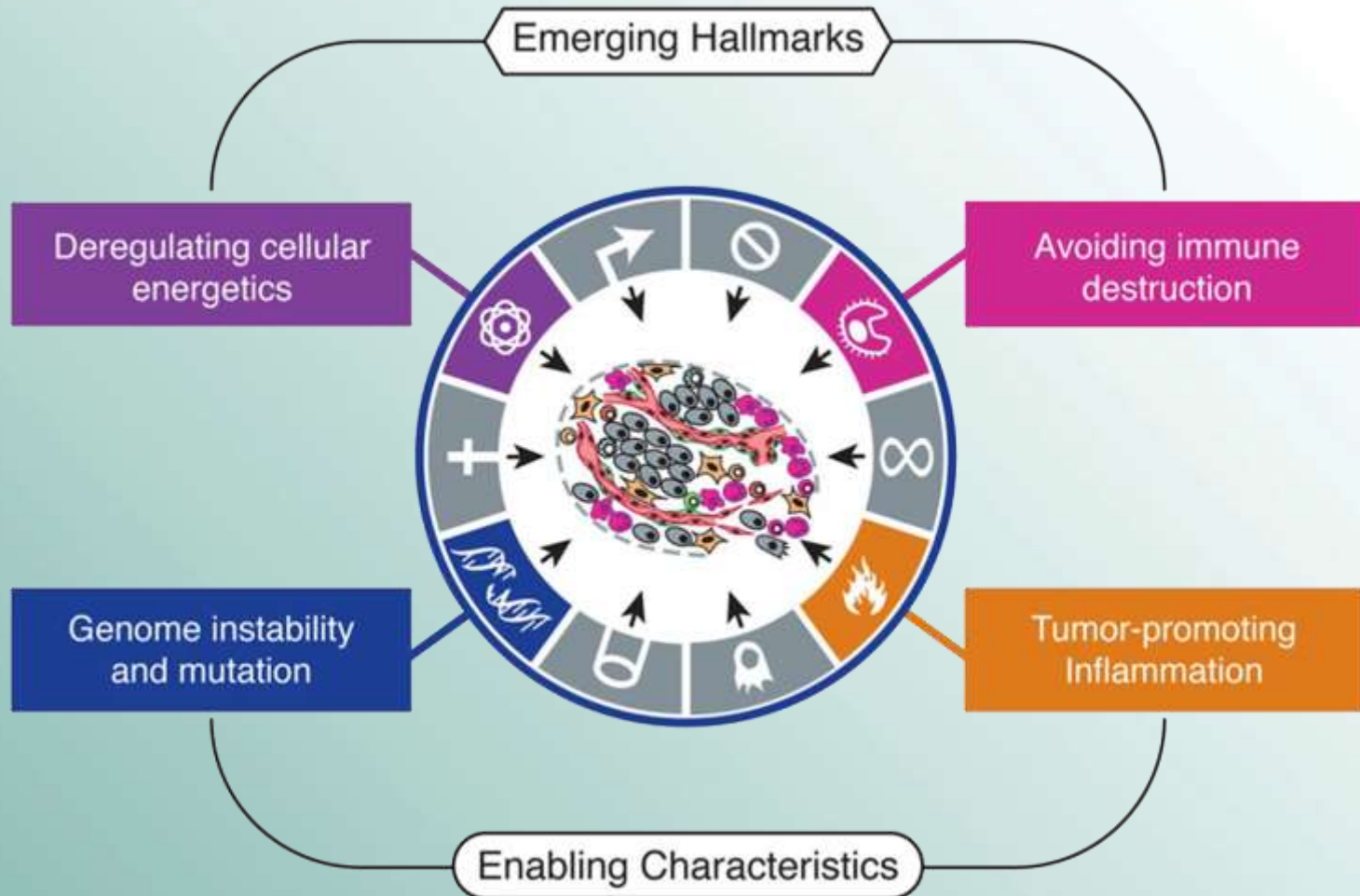
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Nature Reviews | Immunology

Immunoediting: The Role of the Immune System in Cancer Development and Progression

- The three E's of cancer immunoediting describe the immune system's roles in protecting against tumor development and promoting tumor growth

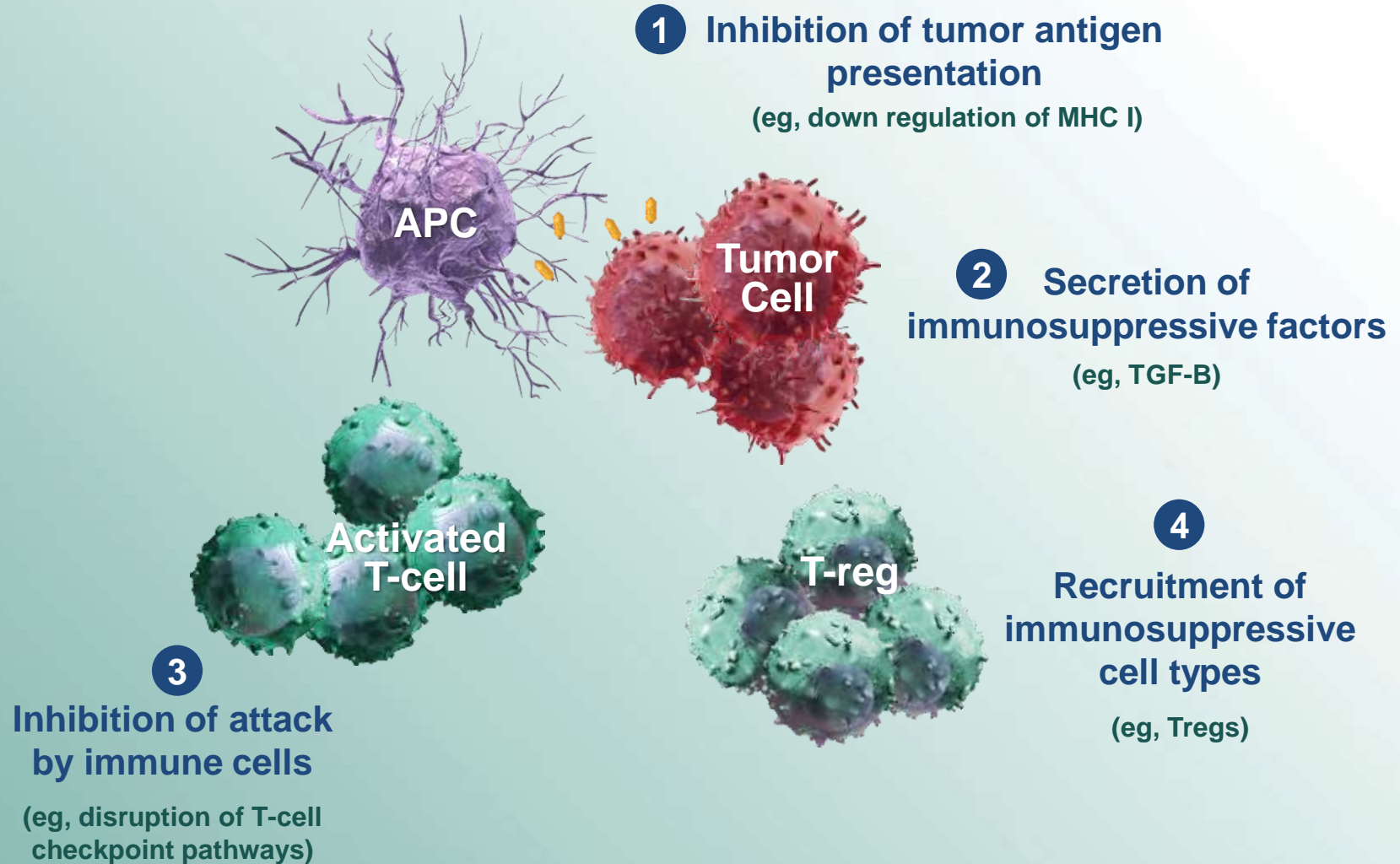


Emerging Hallmarks of Cancer: Avoiding Immune Destruction



Adapted from Hanahan, et al. *Cell*. 2011;144:646–674.

Tumors Use Complex, Overlapping Mechanisms to Evade and Suppress the Immune System



Targeting the Immune System for Cancer Therapy

Advantages

- Acts throughout the body^{1,2}
- Adapts to changing tumor characteristics^{3,4}
- Potential to provide long-term memory and durable tumor control^{1,2,4,5}
- Potential for activity in multiple tumor types³

Disadvantages

- Selective pressure from the immune system can result in tumors capable of evading the immune system¹
- Tumors may use multiple mechanisms to evade the immune system⁶
- Potential for inflammatory reactions in normal tissue⁷

Harnessing the body's own natural defense/surveillance mechanisms may enable tumor control⁴

1. Vesely MD, et al. *Annu Rev Immunol.* 2011;29:235–271; 2. Janeway CA, et al. *Immunobiology: The Immune System in Health and Disease.* 5th ed. New York, NY: Garland Science; 2004; 3. Eggermont AM. *Ann Oncol.* 2012;23(suppl 8):viii53–viii57; 4. Finn OJ. *Ann Oncol.* 2012;23(suppl 8):viii6–viii9; 5. Pardoll DM. *Nat Rev Cancer.* 2012;12:252–264; 6. Drake CG, et al. *Adv Immunol.* 2006;90:51–81; 7. Corsello SM, et al. *J Clin Endocrinol Metab.* 2013;98:1361–1375.

Ανοσο-ογκολογία

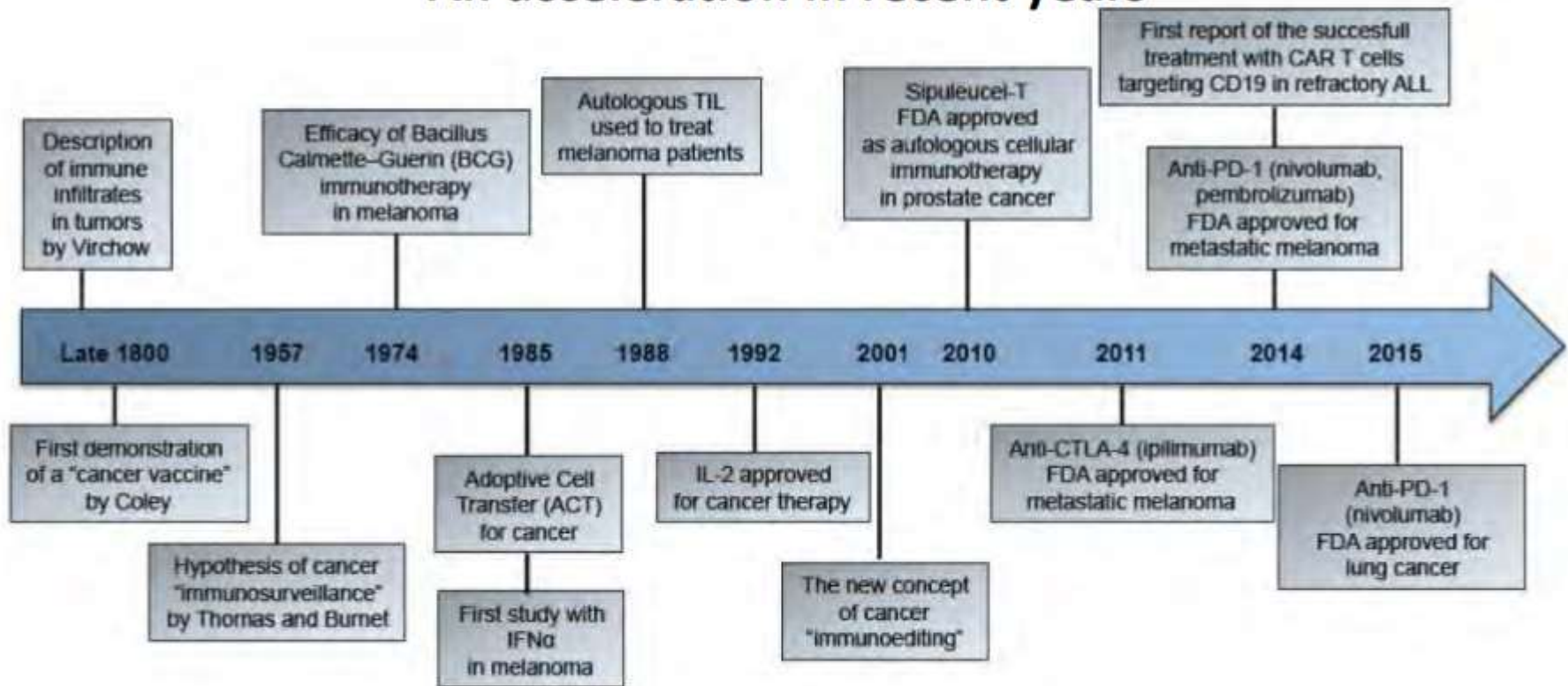
Immuno-Oncology: An Evolving Approach to Cancer Therapy

- **Improved understanding of the immune system in cancer and how tumors can evade it has led to the identification of a range of novel therapeutic targets^{1,2}**
- **I-O is an evolving treatment modality that includes active immunotherapies that are designed to target and harness the patient's own immune system directly to fight cancer^{1,2}**
 - Designed to leverage the unique properties of the immune system (specificity, adaptability, and memory)
 - Distinct from surgery, radiotherapy, and cytotoxic/targeted therapeutic modalities which target the tumor or tumor blood supply
 - Goal is to shift the balance in favor of an immune response against the tumor, allowing tumor eradication or long-term suppression of tumor growth, and the generation of immunological memory
- **Investigational I-O agents are being studied for their potential to provide durable, long-term survival for patients with various solid or hematologic malignancies^{1,2}**

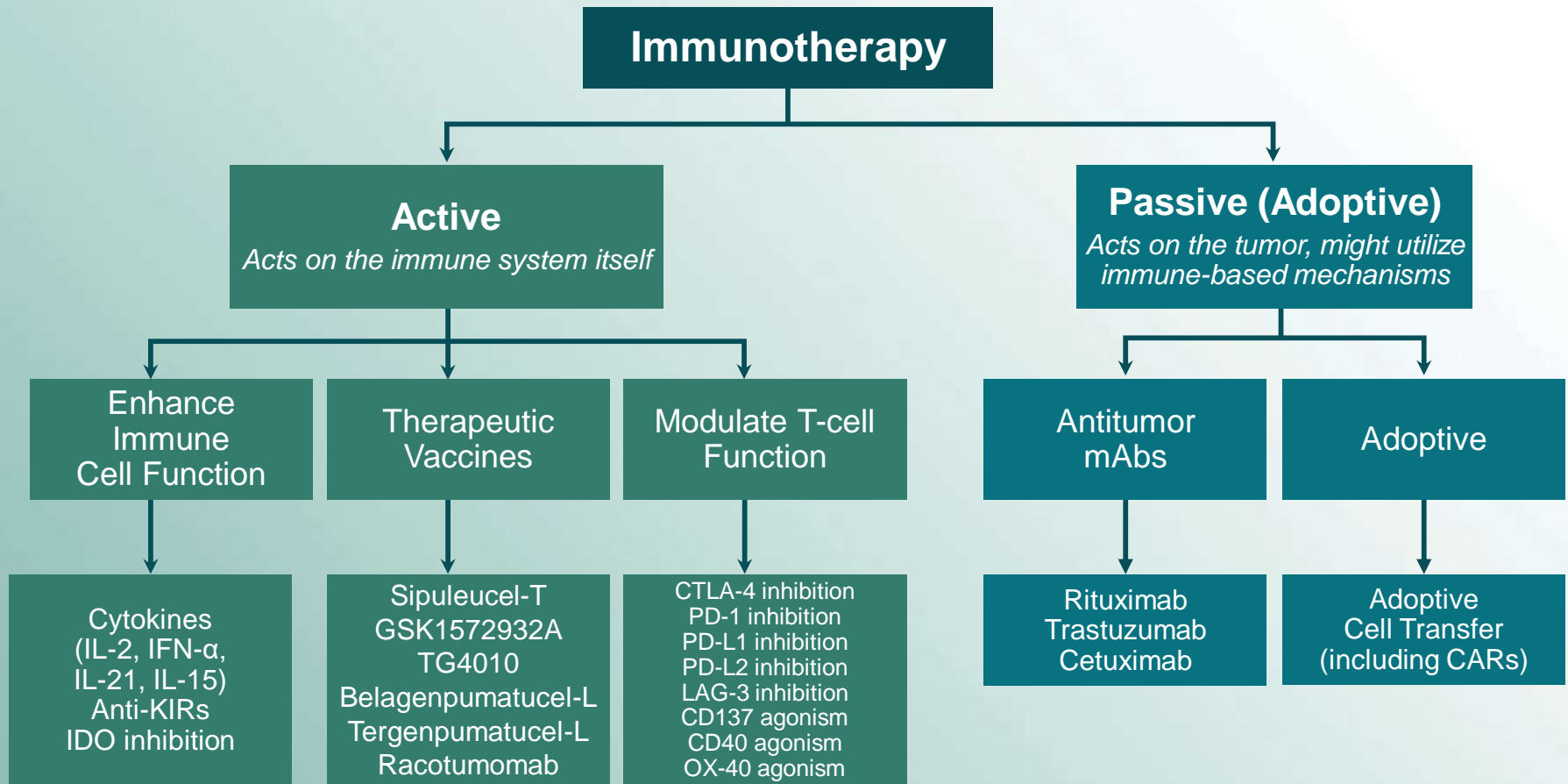
1. Finn OJ, et al. *Ann Oncol.* 2012;23(suppl 8):viii6–viii9; 2. Eggermont A, et al. *Ann Oncol.* 2012;23(suppl 8):viii53–viii57.

Development of immunotherapy

An acceleration in recent years

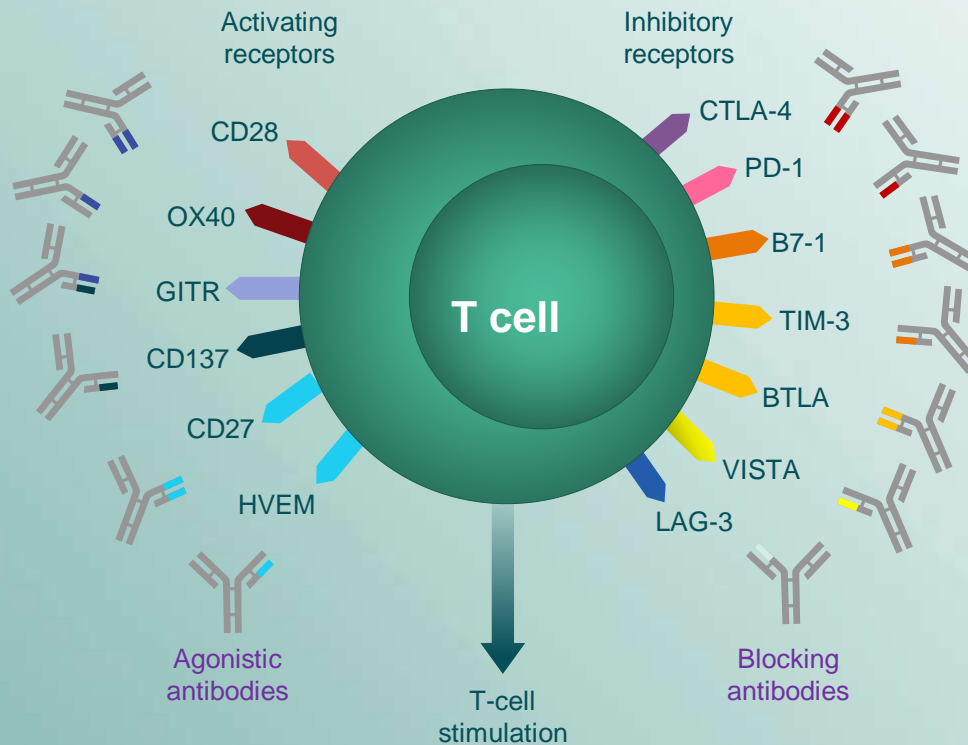


Selected Immunotherapeutic Approaches for Cancer^a



^aSelected examples of approved immunotherapies or immunotherapies under evaluation for cancer.
www.clinicaltrials.gov.

Selected T-Cell Checkpoints: Targets for Active Immunotherapy^{1,2,a}



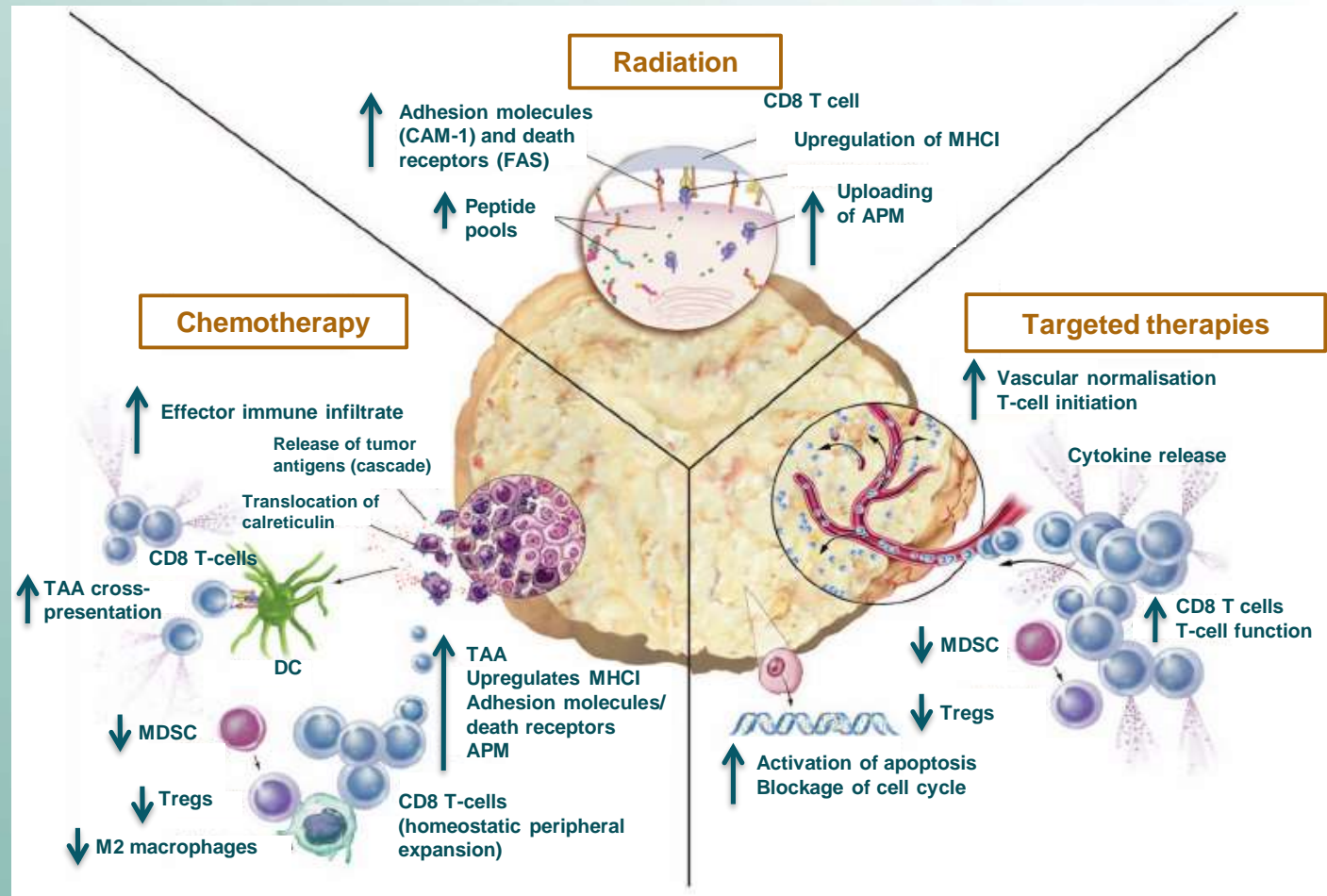
- T-cell responses are regulated through a complex balance of inhibitory (“checkpoint”) and activating signals
- Tumors can dysregulate checkpoint and activating pathways, and consequently, the immune response
- Targeting checkpoint and activating pathways is an evolving approach to active immunotherapy, designed to promote an immune response

^aThe image shows only a selection of the receptors/pathways involved.

1. Adapted from Mellman I, et al. *Nature*. 2011;480;481–489; 2. Pardoll DM. *Nat Rev Cancer*. 2012;12:252–264.

Rationale for Investigating Opportunities to Combine Immunotherapy With Other Therapeutic Modalities

Multiple mechanisms of potential synergy between the different treatment modalities



APM = antigen processing machinery; TAA = tumor-associated antigen.

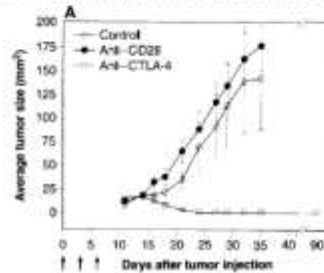
1. Adapted from Hodge JW. *Semin Oncol.* 2012;39:323–339; 2. Drake CG. *Ann Oncol.* 2012;23(suppl 8):viii41–viii46; 3. Ménard C, et al. *Cancer Immunol Immunother.* 2008;57:1579–1587; 4. Hannani D, et al. *Cancer J.* 2011;17:351–358; 5. Ribas A et al. *Curr Opin Immunol.* 2013;25:291–296.

Discovery of immune checkpoints

SCIENCE • VOL. 271 • 22 MARCH 1996

Enhancement of Antitumor Immunity by CTLA-4 Blockade

Dana R. Leach, Matthew F. Krummel, James P. Allison*



The EMBO Journal vol.11 no.11 pp.3887 – 3895, 1992

Induced expression of PD-1, a novel member of the immunoglobulin gene superfamily, upon programmed cell death

Yasumasa Ishida, Yasutoshi Agata,
Keiichi Shibahara and Tasuku Honjo

Nobel Prize in Medicine 2018



James Allison

University of California, Berkeley



Tasuku Honjo

Kyoto University

The NEW ENGLAND JOURNAL of MEDICINE

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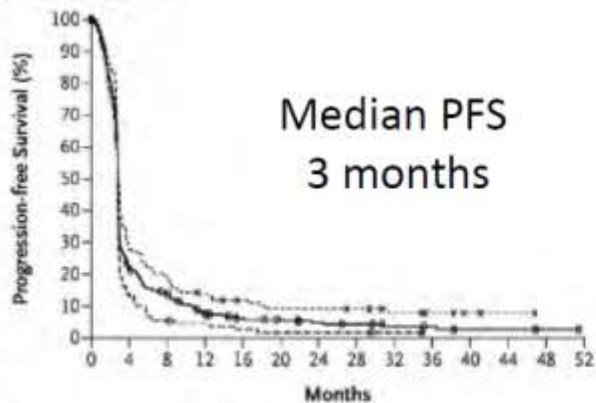
AUGUST 19, 2010

VOL. 363 NO. 8

Improved Survival with Ipilimumab in Patients with Metastatic Melanoma

F. Stephen Hodi, M.D., Steven J. O'Day, M.D., David F. McDermott, M.D., Robert W. Weber, M.D., Jeffrey A. Soosman, M.D., John B. Halpern, M.D., Rene Gonzalez, M.D., Catherine Robert, M.D., Ph.D., Dina Schadendorf, M.D., Jessica C. Hassel, M.D., Wallace Alanine, M.D., Ailana J. M. van der Eertwegh, M.D., Ph.D., Jose Llorens, M.D., Paul Lorigan, M.D., Julia M. Vaubel, M.D., Gerald P. Linette, M.D., Ph.D., David Hogg, M.D., Christian H. Ohlsson, M.D., Ph.D., Celeste Leibel, M.D., Christian Peschel, M.D., Ian Quidy, M.D., Joseph L. Clark, M.D., Jaid D. Wolchik, M.D., Ph.D., Jeffrey S. Welton, M.D., Ph.D., Jason Tims, Ph.D., Michael J. Witt, M.D., Geoffrey M. Nichol, M.B., Ch.B., Axel Haus, M.D., Ph.D., and Walter J. Ullrich, M.D., Ph.D.

B Progression-free Survival

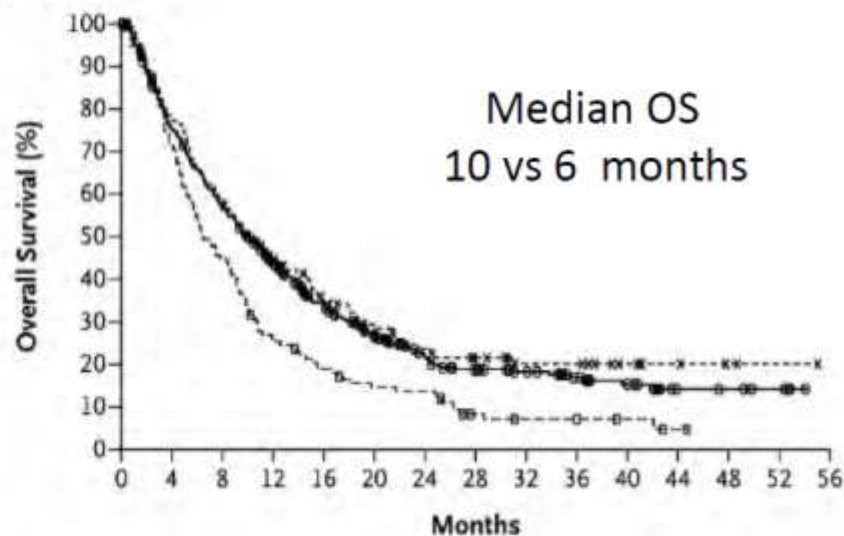


No. at Risk

ipilimumab plus gp100	403	85	52	27	17	14	10	8	5	4	2	2	1	0
ipilimumab	137	37	26	17	13	10	10	9	6	4	2	1	0	0
gp100	136	18	7	5	3	2	2	2	1	0	0	0	0	0

— ipilimumab plus gp100 - - - - ipilimumab ····· gp100
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A Overall Survival



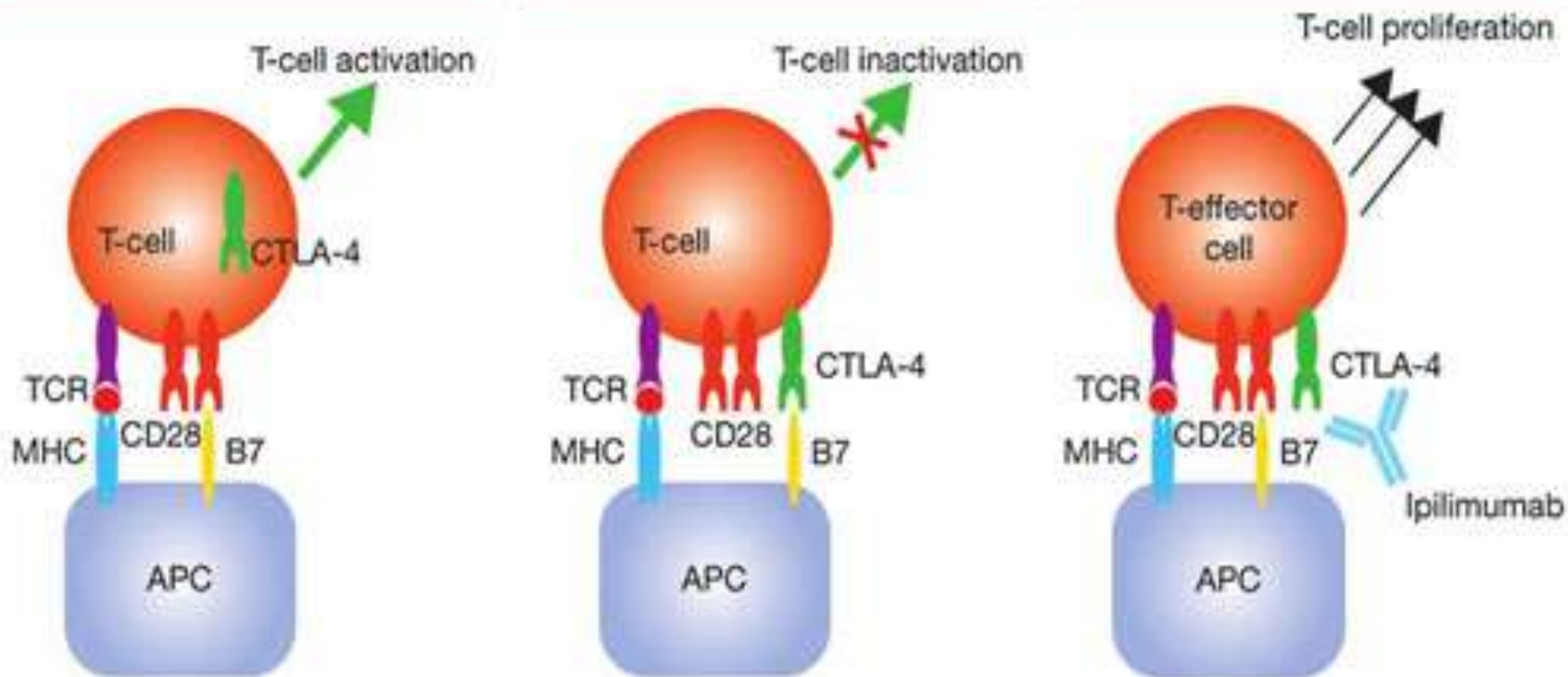
No. at Risk

ipilimumab plus gp100	403	297	223	163	115	81	54	42	33	24	17	7	6	4	0
ipilimumab	137	106	79	56	38	30	24	18	13	13	8	5	2	1	0
gp100	136	93	58	32	23	17	16	7	5	5	3	1	0	0	0

Activation is initiated by binding of B7 molecules on the APC to CD28 receptors on the T-cell

Inhibition results from CTLA-4 expression on the T-cell surface where it competes with CD28 for binding to B7 on APCs

Potential of T-cell proliferation achieved by CTLA-4 inhibition using ipilimumab, an anti-CTLA-4 monoclonal antibody

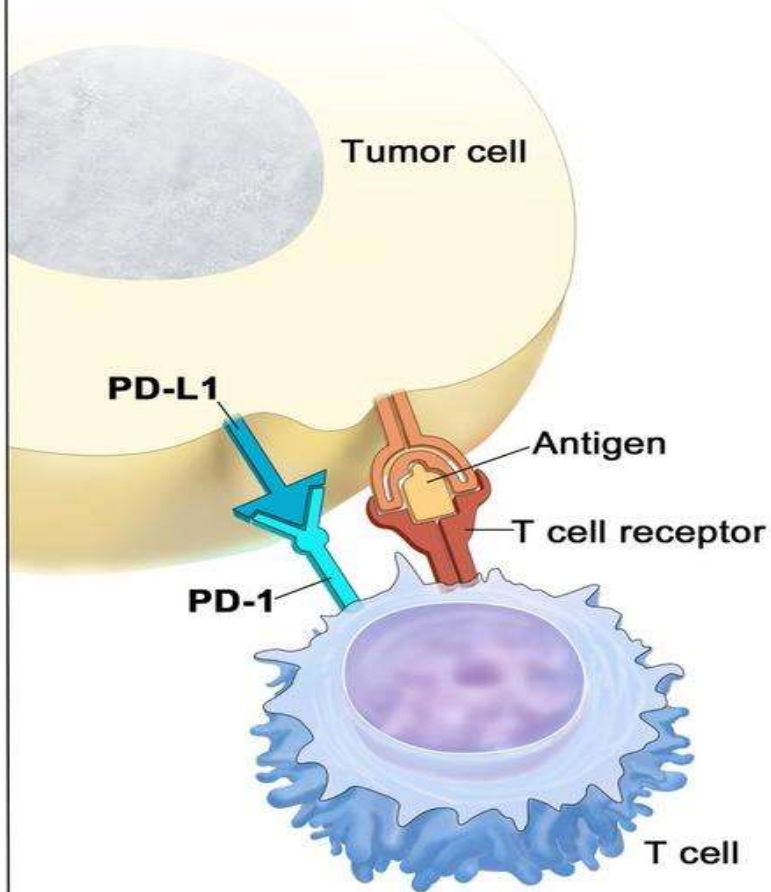


MHC = major histocompatibility complex; APC = antigen presenting cell; TCR = T-cell receptor; CTLA-4 = cytotoxic T lymphocyte-4

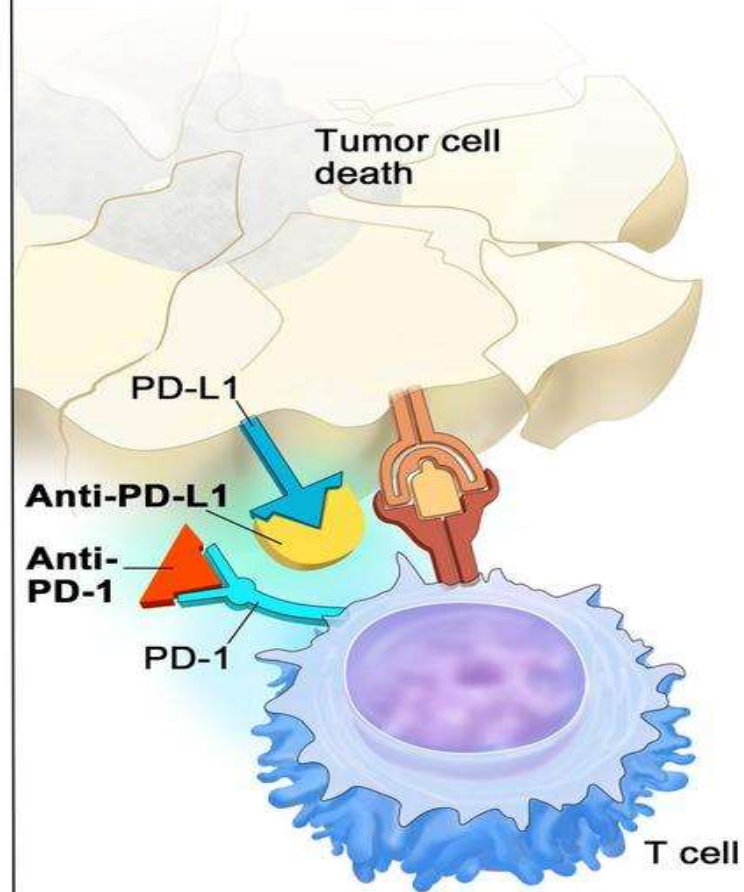
FIG. 1. T-cell activation and mechanism of action of ipilimumab (adapted with permission from Weber⁵¹). APC, antigen presenting cell; CTLA-4, cytotoxic T lymphocyte antigen-4; TCR, T-cell receptor; MHC, major histocompatibility complex.

Anti-PD-1/ Anti-PD-L1

PD-L1 binds to PD-1 and inhibits T cell killing of tumor cell



Blocking PD-L1 or PD-1 allows T cell killing of tumor cell



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Anti-CTLA4 mAbs Ipilimumab	Stage III and Metastatic melanoma
Anti-PD-L1 mAbs Atezolizumab	2nd line regiment for metastatic nonsmall-cell lung cancer Advanced or metastatic urothelial carcinoma
Avelumab	Advanced or metastatic urothelial carcinoma Metastatic Merkel cell carcinoma
Durvalumab	Advanced or metastatic urothelial carcinoma
Anti-PD-1 mAbs Nivolumab	Metastatic melanoma 2nd line metastatic regiment of nonsmall-cell lung cancer 2nd line regiment of metastatic renal cell carcinoma Refractory classical Hodgkin lymphoma Recurrent or metastatic squamous cell carcinoma of the head and neck Advanced or metastatic urothelial carcinoma
Pembrolizumab	Metastatic melanoma 1st and 2nd line regiment for metastatic nonsmall-cell lung cancer Advanced or metastatic renal cell carcinoma Refractory classical Hodgkin lymphoma MSI-high or MMR-deficient metastatic solid tumors Advanced or metastatic urothelial carcinoma

Ανταπόκριση στους immune checkpoint inhibitors

Why Immune Targeted Therapies provide Survival Benefits?

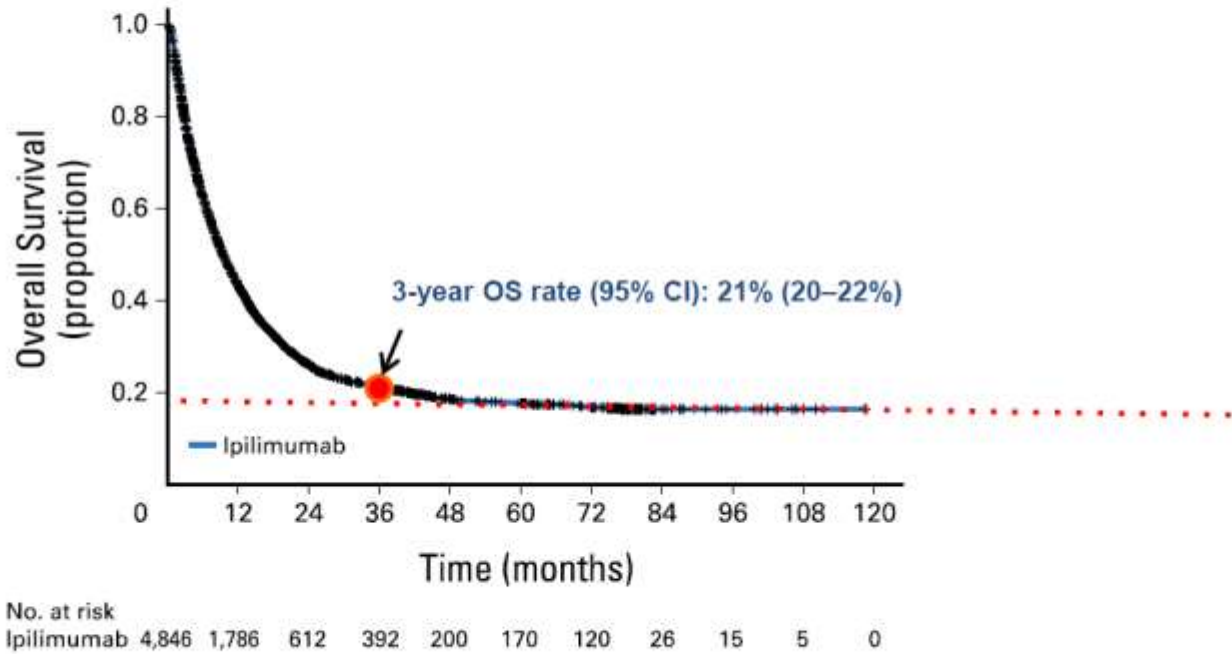
Adaptive anti-tumor immunity is polyclonal:
→ *better control of tumor heterogeneity*

Adaptive anti-tumor immunity has memory:
→ *durable remissions*

And immune cells can cross the BBB
(whereas most drugs can't)

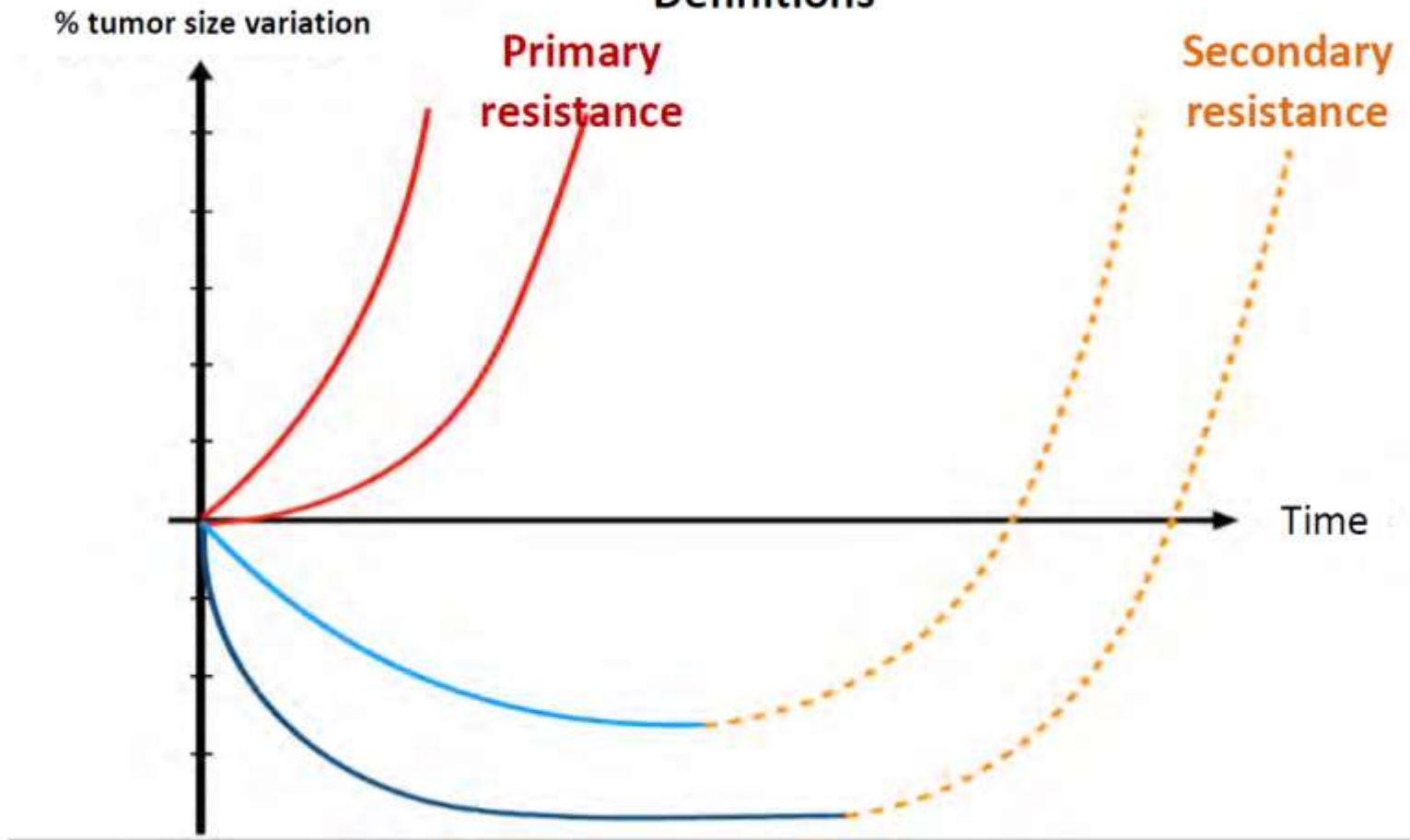
Hope for a cure

Pooled Analysis of Survival Data of Ipilimumab
in 4846 Unresectable or Metastatic Melanoma

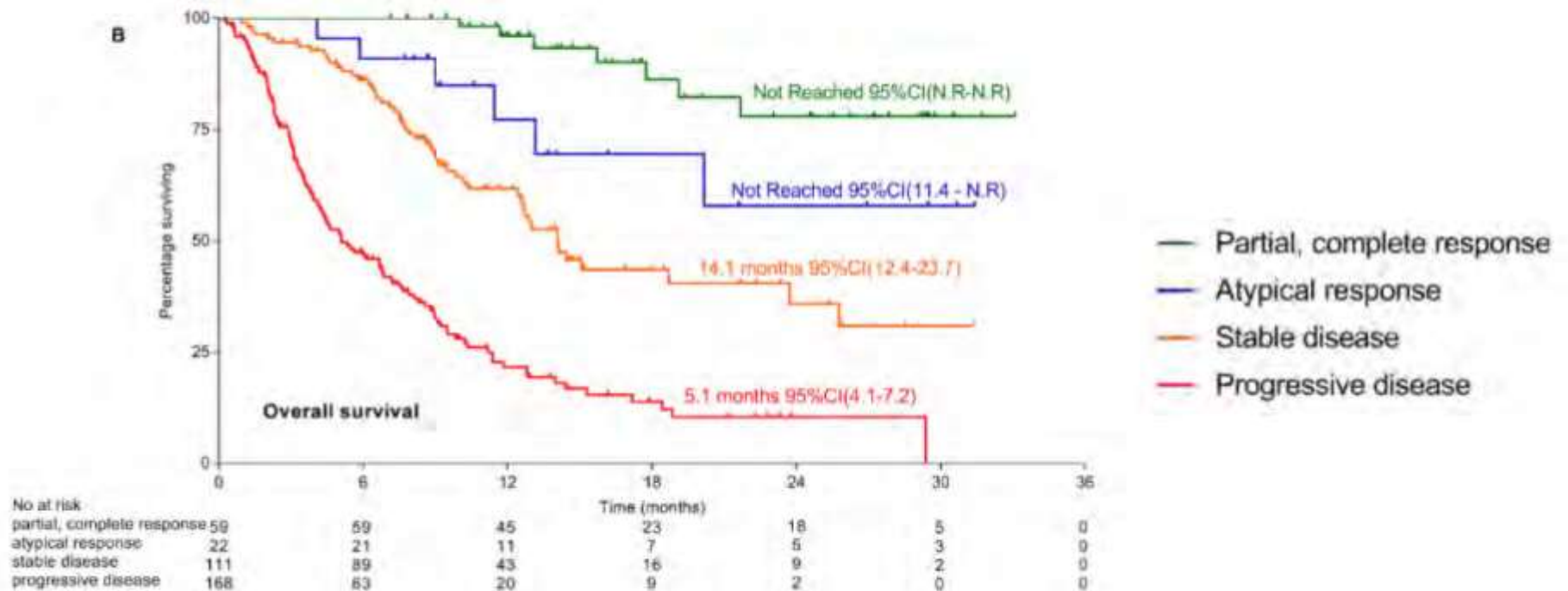


Schadendorf D, J Clin Oncol 2015.

Primary and secondary resistance to anti-PD1 and anti-PD-L1 Definitions



Patterns of progression in patients treated for IO antibodies combination Survivals according to radiological assessment

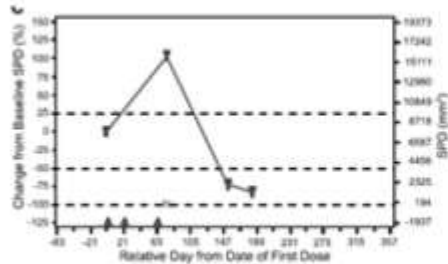


Bernard-Tessier, A. *et al.*
Cancer Immunol Immunother 2020

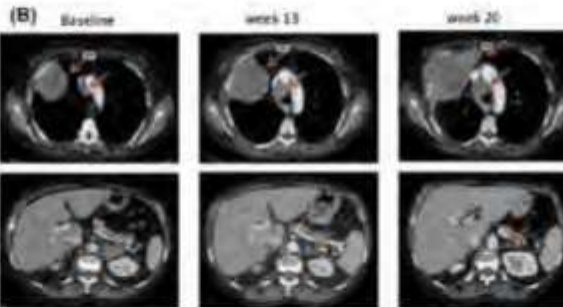
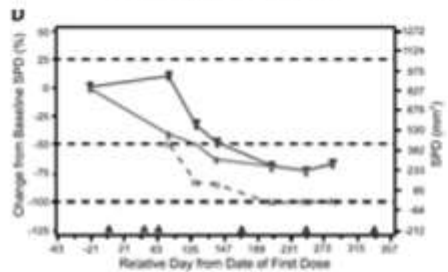
Atypical response

Atypical resistance

Pseudo
progression



Dissociated
response



Hyperprogressive
disease

58-year-old woman with metastatic urothelial carcinoma



Before
(-8 weeks)

Baseline

1st Evaluation
(+8 weeks)

Tazdait et al. EJC 2018, Hodi, F. S. et al. JCO 2016, Champiat et al. Clinical Cancer Research 2017

Ανεπιθύμητες ενέργειες (immune-related adverse events)

Tolerability Considerations With I-O Therapy

- Therapies designed to enhance the patient's immune response against the tumor can result in a novel spectrum of AEs arising from the activation of the immune system¹
 - Termed immune-mediated adverse reactions
- Immune-mediated adverse reactions may be unfamiliar to clinicians^{1,2}
- Immune-mediated adverse reactions can be serious and potentially fatal^{1,2}
- Require prompt recognition and treatment¹
- Require education of the patient and healthcare team³

1. Postow M, et al. *Cancer J.* 2012;18:152–159; 2. Amos SM, et al. *Blood.* 2011;118:499–509; 3. Ledezma B, et al. *Cancer Manag Res.* 2014;6:5–14.

Organs Systems Often Affected by I-O Therapy-Related AEs

I-O therapy-associated AEs target certain organ systems¹

Skin¹⁻⁶

Endocrine system^{2,4,6,7-10}

Liver^{2,6,11-12}

Gastrointestinal tract^{2,6,9,13}

Nervous system^{6,10,14,15}

Eyes^{1,4,16-18}

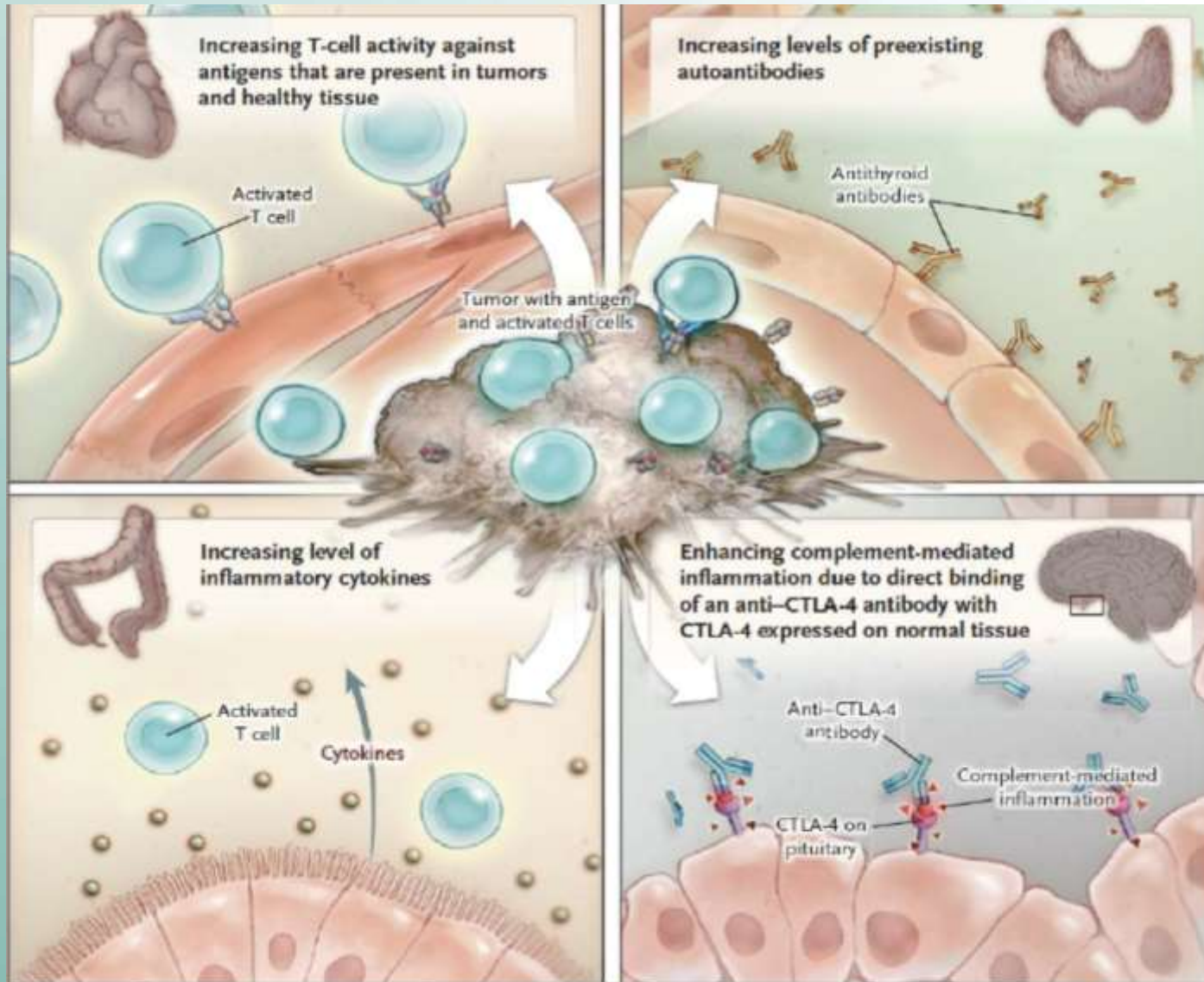
Respiratory system^{1,5,6,10,15,19}

Hematopoietic cells^{6,9,12,20-22}



1. Amos SM, et al. *Blood*. 2011;118:499–509; 2. Phan GQ, et al. *PNAS*. 2003;100:8372–8377; 3. Rosenberg SA. *J Immunother Emphasis Tumor Immunol*. 1996;19:81–84; 4. Chianese-Bullock KA, et al. *J Immunother*. 2005;28:412–419; 5. Harris J, et al. *Med Pediatr Oncol*. 1994;22:103–106; 6. Chow LQ. *Am Soc Clin Oncol Educ Book*. 2013:280–285; 7. Bendle GM, et al. *Nat Med*. 2010;16:565–570; 8. Soni N, et al. *Cancer Immunol Immunother*. 1996;43:59–62; 9. Ronnblom LE, et al. *Ann Intern Med*. 1991;115:178–183; 10. Fraenkel PG, et al. *J Immunother*. 2002;25:373–378; 11. Lamers CH, et al. *J Clin Oncol*. 2006;24:e20–e22; 12. Roskrow MA, et al. *Leuk Res*. 1999;23:549–557; 13. Parkhurst MR, et al. *Mol Ther*. 2011;19:620–626; 14. Pellkofer H, et al. *Brain*. 2004;127:1822–1830; 15. Smalley RV, et al. *Blood*. 1991;78:3133–3141; 16. Dudley ME, et al. *J Clin Oncol*. 2008;26:5233–5239; 17. Yeh S, et al. *Ophthalmology*. 2009;116:981–989; 18. Robinson MR, et al. *J Immunother*. 2004;27:478–479; 19. Morgan RA, et al. *Mol Ther*. 2010;18:843–851; 20. Kochenderfer JN, et al. *Blood*. 2010;116:4099–4102; 21. Lin TS, et al. *J Clin Oncol*. 2010;28:4500–4506; 22. Herishanu Y, et al. *Leuk Lymphoma*. 2003;44:2103–2108.

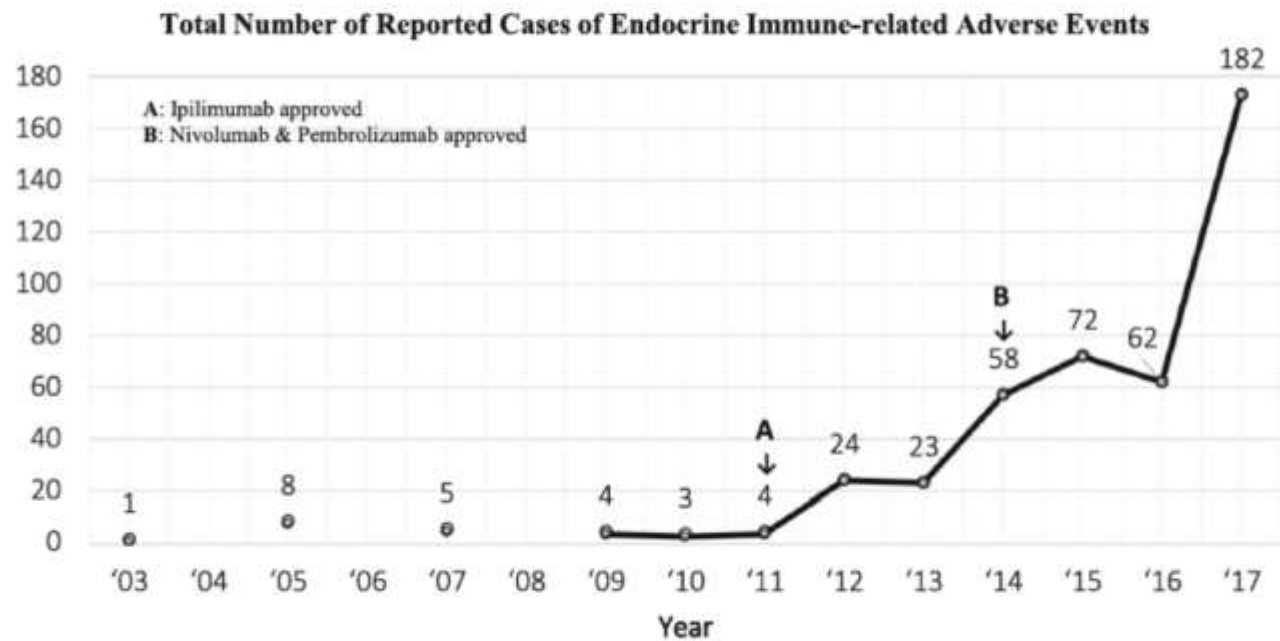
Potential mechanisms by which irAes develop



Correlation between irAE and efficacy in NSCLC treated with anti-PD-(L)1

Study	ICI	n	Grade ≥ 3 irAEs, %	RR, %		PFS, mo		OS, mo		Cycles, n	
				irAEs	No irAEs	irAE's	No irAEs	irAEs	No irAEs	irAEs	No irAEs
Ricciuti et al. ¹²	Nivolumab	195	7.6	43.5	10.0	5.7	2.0	17.8	4.0	13	2.5
Moor et al. ¹³	Nivolumab	196	13.2	NR	NR	5.9	2.5	23.8	6.4	NR	NR
Toi et al. ¹⁴	Nivolumab	70	NR	57	12	12	3.6	NR	NR	12	7 ^a
Haratani et al. ¹⁵	Nivolumab	134	9	52	28	9.2	4.8	Not R	11.1	NR	NR
Teraoka et al. ^{16,b}	Nivolumab	43	0	37	17	6.4	1.5	NR	NR	NR	NR
Sato et al. ¹⁷	Nivolumab	38	NR	64	7.4	Not R	1.6	NR	NR	NR	NR
Lisberg et al. ^c	Pembrolizumab	97	3.1	39.5	8.9	8.2	2	16.4	4.8	NR ^d	NR
Von Pawel et al. ^{19,b}	Atezolizumab	823	6.0	22.3	9.9	5.4	2.3	20.7	10.6	NR	NR
Kfoury et al. ²⁰	Anti-PD-1/PD-L1	618 ^e	Grade ≥ 2 28.3% ^e	NR	NR	14.2	13.4	23.7	16.2	NR	NR
Toi et al. ²¹	Anti-PD-1	137	NR ^f	52	13	10.3	3.4	Not R	11.4	NR	NR
Shafqat et al. ²²	Anti-PD-1/PD-L1	157 ^g	11.4	NR	NR	24.4	4.2	NR	NR	NR	NR

Increase in frequency of reported of ir-endocrinopathies by ICI over the past 15 years



irAEs Can Occur After Discontinuation of ICIs

- **Retrospective review of 64 patients with advanced/unresectable melanoma treated with nivolumab + ipilimumab at a single center (Dec 2014 to Jan 2016)**
 - 31 patients stopped nivolumab + ipilimumab early due to toxicity
 - 4/31 (13%) experienced a clinically significant irAE > 16 wks after discontinuation (range: 22-33 wks post dose)

Immune related Adverse Events associated with anti-CTLA4

colitis



Thyroiditis
Hepatitis
Pneumonitis
Nephritis
Meningitis
etc.

hypophysitis



vitiligo



dermatitis



Haanen, unpublished, with patient consent

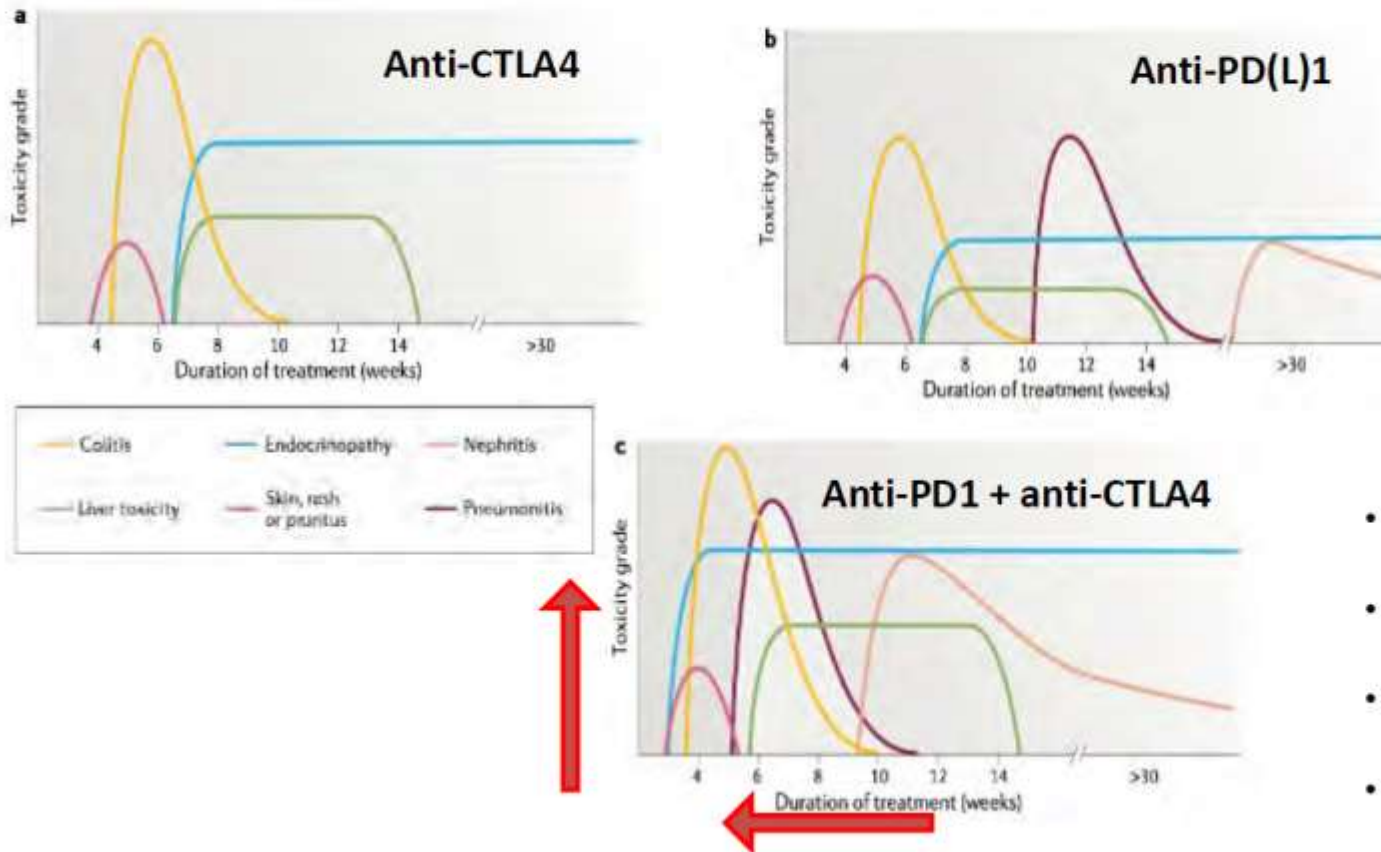
PD-1 & PD-L1 antibodies

- **Different toxicity profiles from CTLA-4 antibodies [less severe & less frequent]**
- **High grade toxicities: 14% [24%]**
- **Thyroiditis: 9.5% [1.8%]**
- **Pneumonitis: 3% [<1%]**
- **Similar treatment**

Time of occurrence

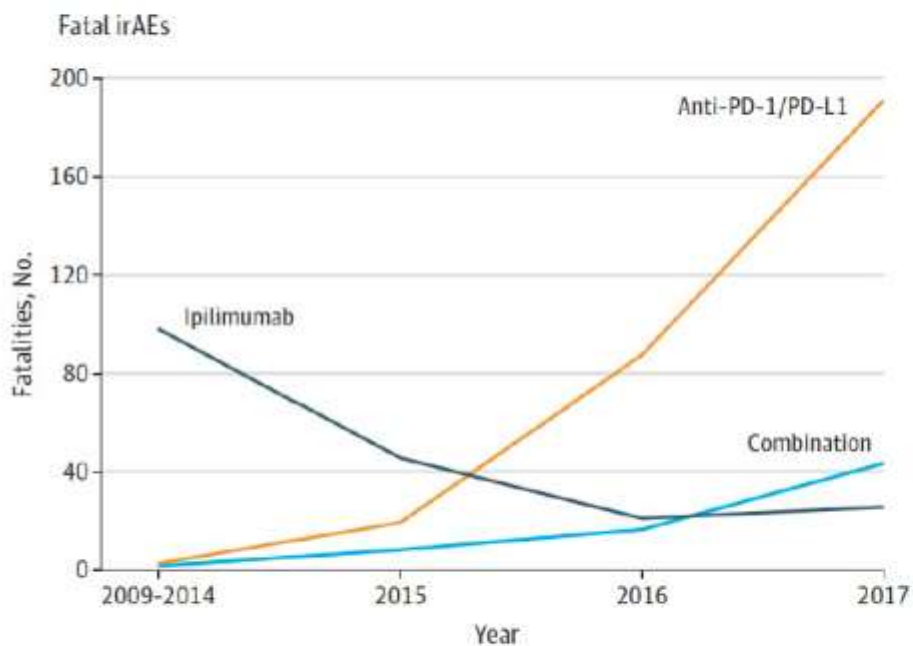
- **Skin toxicity: 3 weeks**
- **Colitis: 5-10 weeks**
- **Hepatitis: 6-14 weeks**
- **Endocrinopathies: 7 weeks**
- **~Even several months after the last dose**

Kinetics of occurrence of side effects *Martins et al. NRCO 2019*

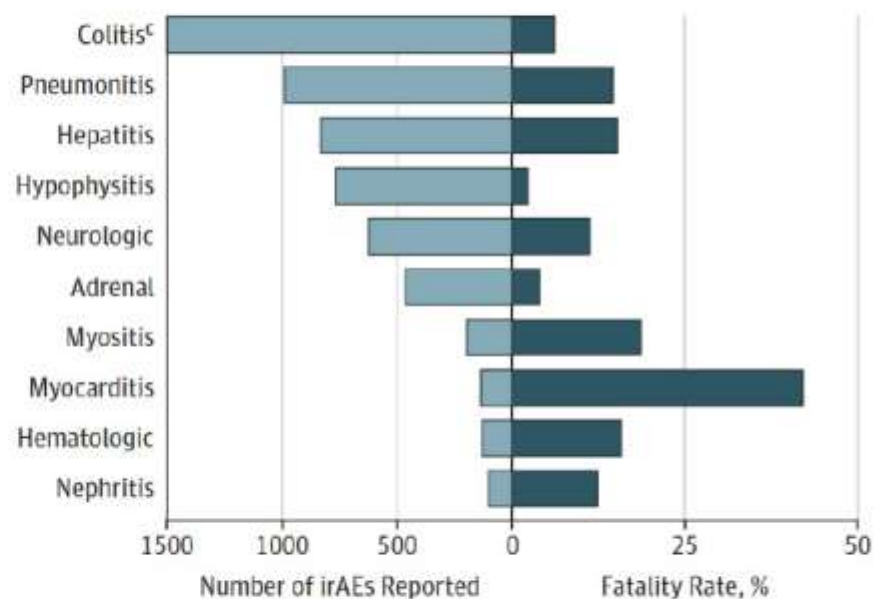


- Same toxicity spectrum
- More frequent toxicities
- More severe toxicities
- Earlier onset

Incidence of fatal irAE and fatality rates



Cases and fatality rates



Fatal irAE occur following ICI at a rate of 0.3 to 1.3%

Management of Immune-related Adverse Events

- Patient Education
 - Clear Notification Pathway for Patients
 - Infrastructure and Sub-specialty Consultants
1. Identify Toxicity Early
 2. Treat Early and Aggressively → Algorithms
 - Start with corticosteroids
 3. Oncologist-led Management

General Principles

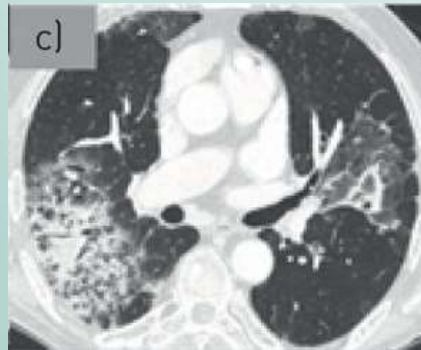
- Low Grade
 - Monitor closely (grade 1 and 2)
 - Delay therapy (grade 2)

Moderate Grade ?

- High Grade → Immunosuppression
 - **Cease checkpoint inhibitor, consult sub-specialty and consider hospitalisation**
 - Systemic corticosteroids
 - Infliximab (anti-TNF α)
 - Mycophenolate mofetil
 - Tacrolimus
 - Other → plasmapheresis, anti-thymocyte globulin, IVIG

Case 3: Patient With Pulmonary Metastatic Melanoma and Acute Dyspnea

- **An 82-yr-old man presents to the emergency department with acute dyspnea, cough, and sputum production with bilateral basal crackles**
 - His daughter reports that he is receiving pembrolizumab for pulmonary metastatic melanoma, which was diagnosed 2 yrs ago
- **CT shows bilateral areas of consolidations and ground-glass infiltrates**



Clinical image from Leroy. ERJ Open Res. 2017;3. This work is licensed under a [Creative Commons Attribution – NonCommercial 4.0 International \(CC BY-NC 4.0\) license](https://creativecommons.org/licenses/by-nc/4.0/)

Symptom grade

Grade 1: asymptomatic, confined to one lobe of the lung or <25% of lung parenchyma

Grade 2: presence of new or worsening symptoms
Dyspnoea, shortness of breath, cough, chest pain, increased oxygen requirement

Grade 3 or 4: severe new symptoms
New or worsening hypoxia
Life-threatening
Difficulty in breathing, ARDS

- Pulmonary hypertension, respiratory disease or connective tissue disease
- Influenza or *Mycobacterium tuberculosis* exposure
- Smoking history
- Travel history
- Allergy history including exposure to home and/or occupational aeroallergens

Assessment and investigations

Baseline indications:
Chest CT with contrast (consider repeating chest CT if clinical deterioration)
Pulse oximetry
Blood tests (CBC, UEC, LFTs, TFTs, Ca, ESR and CRP)
Consider sputum sample and screening for viral, opportunistic or specific bacterial infections (*Mycoplasma*, *Legionella*), depending on the clinical context

Outpatient monitoring:
Monitor symptoms daily
Chest CT with contrast
Consider infection work: sputum, blood and urine culture
Bronchoscopy with BAL to rule out infection and tumour infiltration as above
Baseline indications as above plus:
Repeat chest X-ray weekly, baseline blood tests and LFTs including TLCO

Admit patient
Baseline tests as above
High-resolution CT and respiratory review
± bronchoscopy and BAL pending appearances

History:

- Differential diagnosis:
- Pneumonia (including atypical, pneumocystis, tuberculosis)
- Lymphangitis
- Usual interstitial pneumonias
- Pulmonary oedema
- Pulmonary embolism
- Cardiac events
- Pleural carcinomatosis

Management escalation pathway

Consider delay of treatment with clinical observation
Monitor symptoms every 2-3 days
If symptoms worsen, treat as grade 2 or 3-4

Withhold ICI therapy
Start antibiotics if suspicion of infection (fever, CRP, neutrophil counts)
If no evidence of infection or no improvement with antibiotics after 48 h, add in oral prednisolone 1 mg/kg/day
Consider pneumocystis prophylaxis, depending on the clinical context
If no improvement after 48 h of oral prednisolone, manage as per grade 3 [V, A]

Discontinue ICI therapy
(Methyl)prednisolone i.v. 1-2 mg/kg/day
Cover with empiric antibiotics
Discuss escalation and ventilation [V, A]

If not improving or worsening after 48 h

Add tocilizumab 8 mg/kg or infliximab 5 mg/kg ± IVIG
Consider MMF or cyclophosphamide on individual basis
Continue with i.v. CSs; wean as clinically indicated [V, A]

Once improved to baseline:
• Grade 2: wean oral CSs over 4-6 weeks, titrate to symptoms
• Grade 3-4: wean CSs over at least 6-8 weeks
Steroid considerations:
• Calcium and vitamin D supplementation as per local guidelines
• Pneumocystis prophylaxis - cotrimoxazole 480 mg b.i.d. MWF or inhaled pentamidine if cotrimoxazole allergy

Ρευματολογική τοξικότητα

Epidemiology

- ✓ Incidence of rheumatic irAEs is less well characterized
 - Oncology clinical trial adverse event reporting uses several mutually exclusive codes for musculoskeletal symptoms (For example, arthritis can be coded as arthralgia, arthritis, swelling in joint or pain in extremity).
 - Most rheumatic irAEs do not lead to death or hospitalization and thus may not be reported.
 - Grading of rheumatological irAEs might partially explain the low severity of rheumatic irAEs reported. The CTCAE grading system used by oncologists requires events to be disabling or leading to hospitalization to be a grade 3 or higher event, which is not a reasonable metric for grading the severity of many rheumatic complications, especially inflammatory arthritis.
 - Finally, rheumatic irAEs can be late adverse events occurring up to 2 years after patients have started CPI
- ✓ Inflammatory arthritis 5.1%
- ✓ Myositis 0.8%

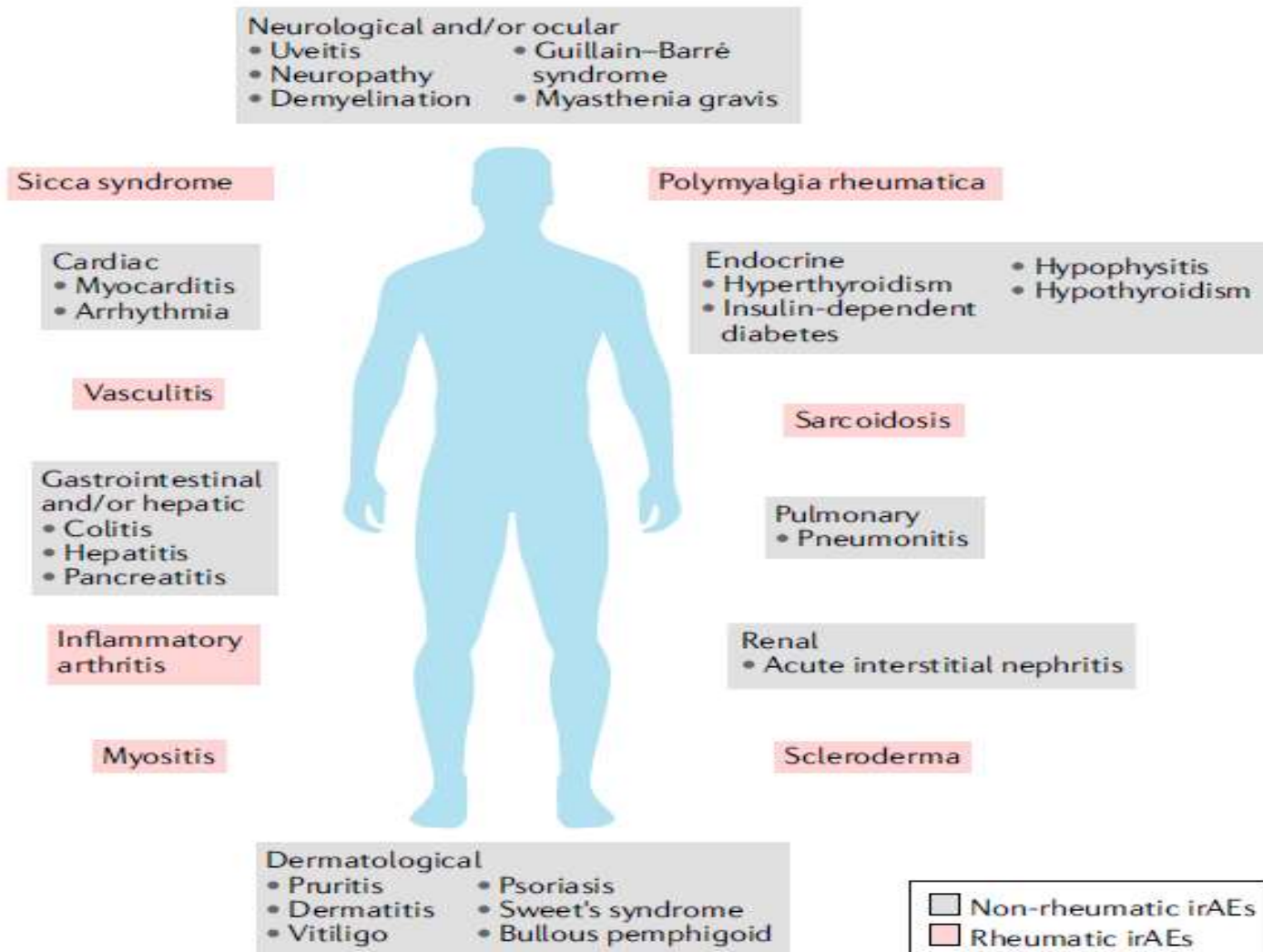


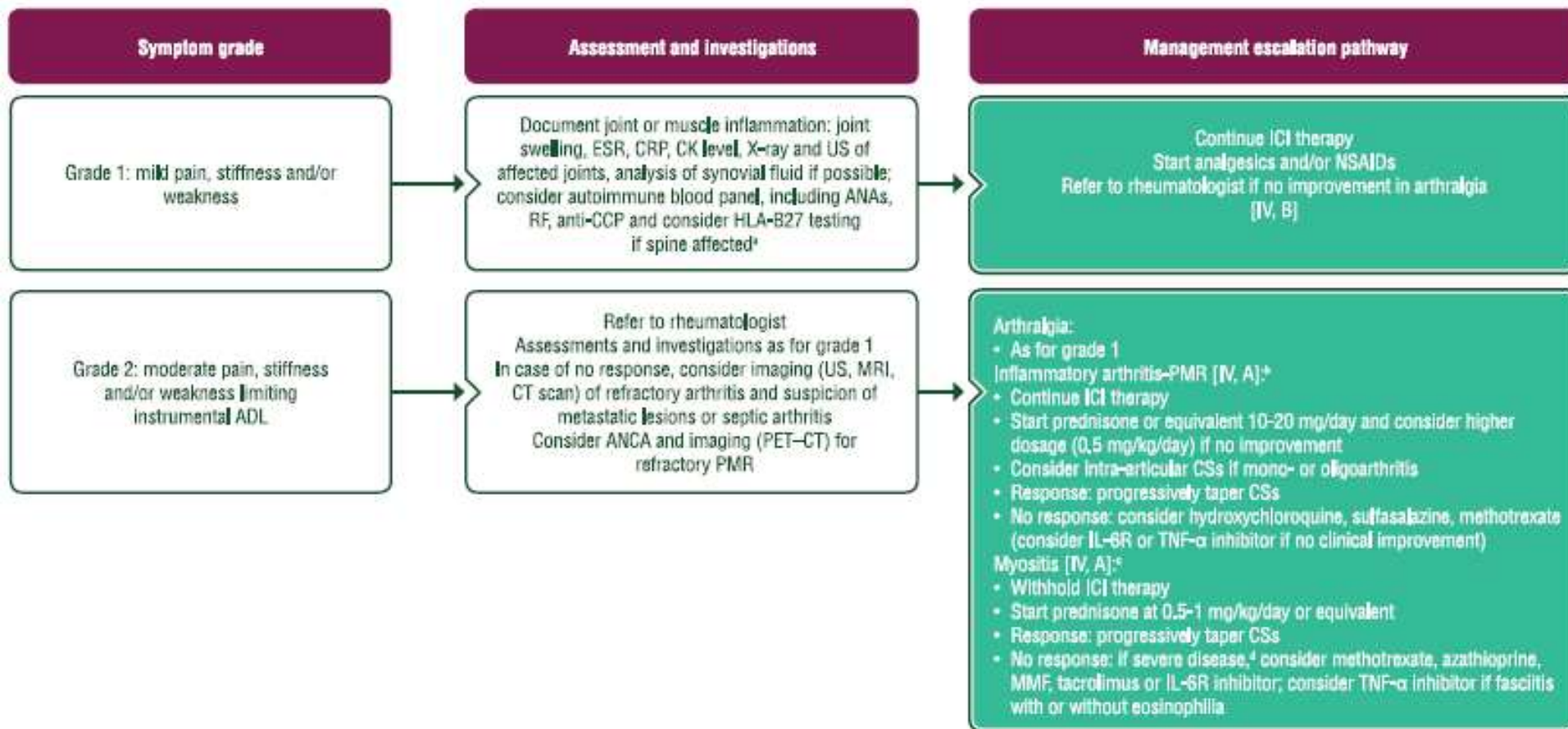
Fig. 1 | irAEs can affect most organ systems. Although dermatological, gastrointestinal and endocrine immune-related adverse events (irAEs) are the most frequently reported irAEs, irAEs can affect nearly every organ system and can range from mild and self-limiting to severe and life threatening. Many of these irAEs mirror rheumatic diseases.

Table 2 | Comparison of major rheumatic irAEs with corresponding rheumatic diseases

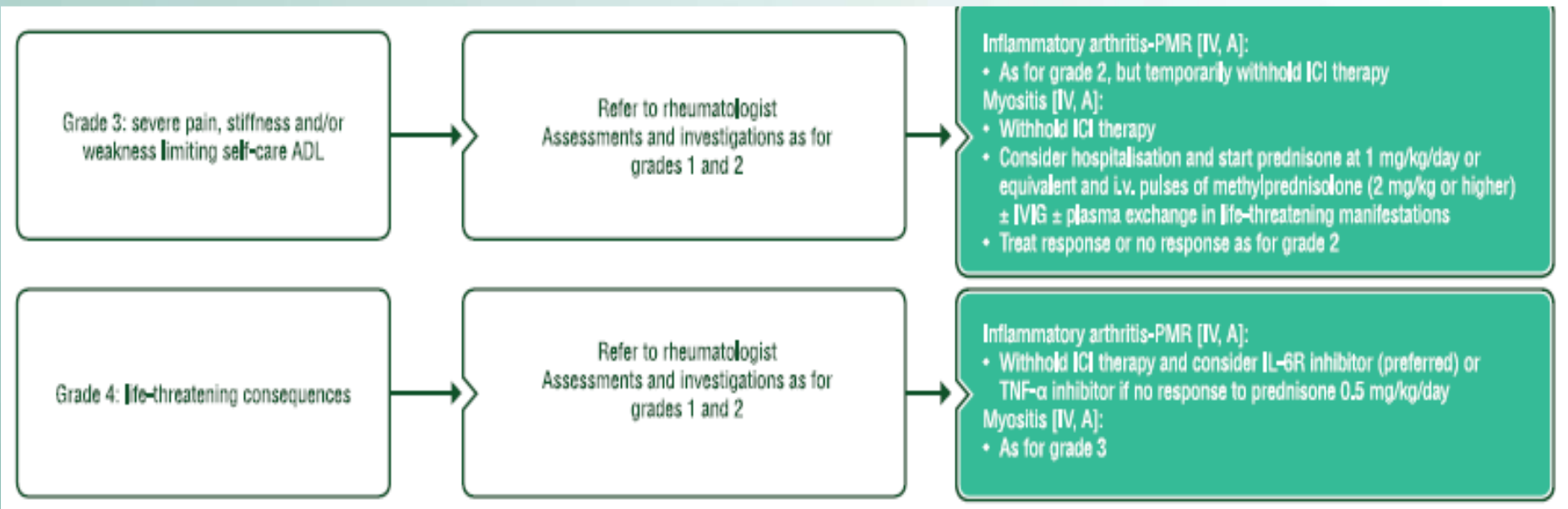
Rheumatic irAE	Rheumatic disease comparator	Similarities to rheumatic disease	Differences from rheumatic disease
Inflammatory arthritis	RA	<ul style="list-style-type: none"> • Can cause erosive disease • Many patients with similar joint distribution (MCPs, PIs, wrists and knees) 	<ul style="list-style-type: none"> • Tendon involvement more prominent early in course of disease • Early erosions • RF and CCP often negative • Not female-predominant
	SpA and PsA	<ul style="list-style-type: none"> • SpA features such as inflammatory back pain, enthesitis and dactylitis • Sterile urethritis and conjunctivitis with oligoarthritis (reactive arthritis-like) 	<ul style="list-style-type: none"> • Concomitant psoriasis rarely reported • HLA-B27-positivity not reported • Early erosions
Polymyalgia rheumatica and/or GCA	Polymyalgia rheumatica and/or GCA	<ul style="list-style-type: none"> • Biopsy findings in GCA-like irAEs similar to the rheumatic disease comparator • Patients aged >50 years 	<ul style="list-style-type: none"> • Patients with polymyalgia rheumatica-like disease do not always have elevated inflammatory markers • Some patients with polymyalgia rheumatica-like disease not responsive to low-dose prednisone
Inflammatory myopathy	Dermatomyositis, polymyositis and immune-mediated necrotizing myopathy	<ul style="list-style-type: none"> • Range of creatine kinase is 10–100 IU/l (upper limit of normal) • Biopsy results are consistent with dermatomyositis, polymyositis or immune-mediated necrotizing myopathy • Can have myasthenia with myositis 	<ul style="list-style-type: none"> • Classic dermatomyositis rash rare • Response to intravenous immunoglobulin may be less effective in irAE
Sicca syndrome	Sjogren syndrome	<ul style="list-style-type: none"> • Dry mouth responds to treatment with sialagogues • Dry mouth and eyes common 	<ul style="list-style-type: none"> • anti-Ro and anti-La antibodies rare • Rare parotitis

CCP, cyclic citrullinated peptide; GCA, giant cell arteritis; irAE, immune-related adverse event; IU, international units; MCP, metacarpophalangeal joint; PIJ, proximal interphalangeal joint; PsA, psoriatic arthritis; RA, rheumatoid arthritis; RF, rheumatoid factor; SpA, spondyloarthritis.

Rheumatological toxicity-ESMO guidelines



Rheumatological toxicity



1) How severe is the irAE?

Severity of disease can affect treatment options. For patients with the immune-related adverse events (irAEs) of mild arthritis or arthritis with only one joint involved, management with NSAIDs and intra-articular steroids is an option^{19,33}, whereas for patients with severe arthritis and existing erosions, high-dose prednisone (>40 mg/day) and early DMARDs might be more appropriate.

2) Will the patient continue CPI therapy, and what is the future oncology treatment plan?

If the patient has a partial tumour response to immunotherapy and has been on the medication for a limited time, the oncologist might want to continue immunotherapy as long as is feasible. Such a therapeutic extension can mean two things: first, that the irAE can be potentiated by the therapy and, second, that the rheumatologist treatment options might be limited by theoretical concerns that immunosuppressive drugs selected to treat irAEs might inhibit the antitumoural effect of the checkpoint inhibitor (CPI), as well as patient and oncologist preferences regarding immunosuppressive drug selection. This scenario can be a difficult situation clinically, but understanding the long-term plan and goals for cancer therapy helps the rheumatologist explain treatment limitations to the patient.

3) Is the patient in a clinical trial, and if so, what are limitations according to the protocol?

Many clinical trials do not allow DMARDs or >10mg daily doses of corticosteroid (prednisone equivalent) concurrently with CPI treatment.

4) What are the comorbidities, including other irAEs?

TNF inhibition might treat irAEs in patients with colitis or inflammatory arthritis¹⁰⁷. Similarly, a patient with myositis and immune-mediated thrombocytopenia might benefit from intravenous immunoglobulin administration¹⁰⁸.

5) What are the patient and oncologist preferences?

As there are limited data presently about the safety of long-term immunosuppression for the treatment of irAEs and effects on tumour response, some variation is to be expected. Data regarding melanoma have shown no difference in tumour response with short-term TNF inhibition for the treatment of irAEs¹⁰⁹, but similar data have not been published in other tumour types. Given the lack of evidence-based guidelines, consensus-based treatment decisions are often reasonable.

6) Are non-immunosuppressive therapies to address symptoms available?

Sicca symptoms can often be addressed with topical, oral or ocular therapies or sialagogues, all of which would not be expected to have any effect on tumour response.

7) What is the plan for longitudinal follow-up?

Additional irAEs might occur long after initiation or even after cessation of CPI therapy. Serial monitoring by the rheumatologist and oncologist regarding this problem, or regarding loss of CPI efficacy, is critical.

Προϋπάρχουσες αυτοάνοσες παθήσεις

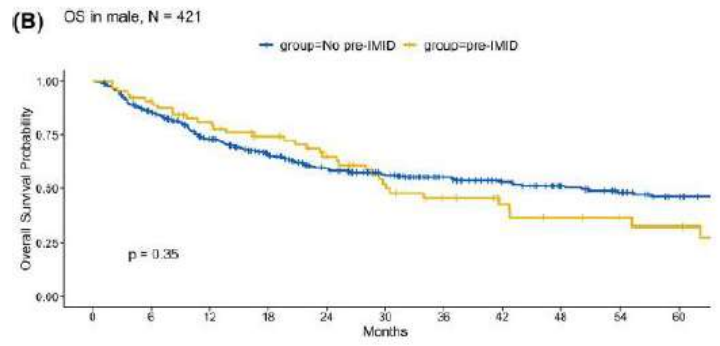
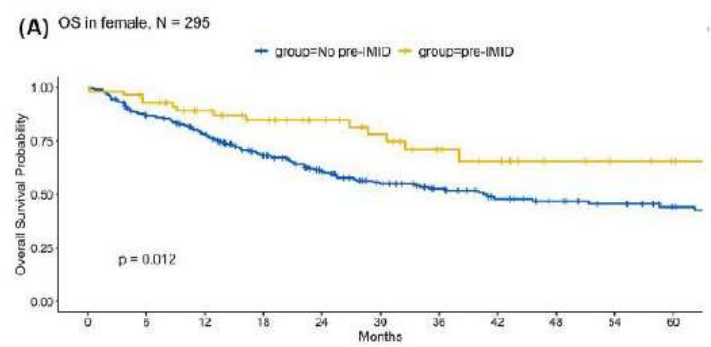
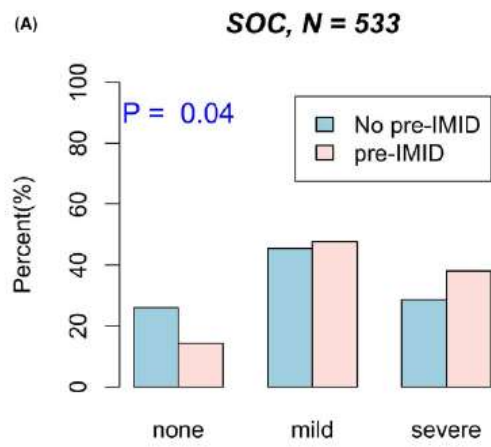
Selected exclusion criteria in Empower-Lung 01

Patients were ineligible if they had ...

- Active, known, or suspected autoimmune disease that required systemic treatment during the previous 2 years
- Patients with a condition requiring corticosteroid therapy (>10 mg prednisone/day or equivalent) within 14 days of randomization.
- Active infection, e.g tuberculosis
- Uncontrolled infection with hepatitis B or C or HIV.
- Recipients of organ transplants
- ECOG performance status of ≤ 1
- Unstable brain metastases

Melanoma: Preexisting immune-mediated inflammatory disease

Immune-mediated inflammatory disease	Number of patients	Females	Males
Asthma	42	22	20
Inflammatory bowel disease (Crohn's disease plus ulcerative colitis)	10	4	6
Psoriasis (including Psoriatic arthritis)	9	2	7
Rheumatoid arthritis	8	5	3
Eczema	6	2	4
Polymyalgia rheumatica	3	1	2
Celiac disease	1	1	0
Sarcoidosis	1	1	0
Scleroderma	1	0	1
Lupus	1	1	0
Graves' disease	1	1	0



Pre-IMID is associated with improved OS in female but not in male melanoma patients treated with ICI.

Pre-Existing Autoimmune Disease

matched pair control study

- 17 497 patients with preexisting autoimmune diagnoses prior to treatment with anti -PD(L)1 therapy
- 17 497 matched controls through the TriNetX Diamond network of more than 200 million patients across the United States and Europe.

Baseline characteristic	ICI with baseline autoimmunity	ICI without baseline autoimmunity
Total No. of patients	17 497	17 497
Cancer type, mean No. (%)		
Digestive organs	3378 (19.3)	3402 (19.4)
Bronchus and lung	11 079 (63.3)	11 118 (63.5)
Melanoma of skin	3948 (22.6)	3903 (22.3)
Urinary tract	3307 (18.9)	3235 (18.5)
Ill-defined, other secondary, and unspecified sites ^c	13 524 (77.3)	13 617 (77.8)

Pre-Existing Autoimmune Disease

Baseline autoimmune disease does not statistically significantly worsen clinical outcomes in cancer patients treated with ICI

- rheumatoid arthritis
- inflammatory bowel disease
- mucositis

diseases that tend to be more severe, often requiring systemic immunosuppression, which may be responsible for increased association with mortality in subgroup analyses.

^aHazard ratio of the impact of preexisting autoimmune disease on overall survival when compared with patients without preexisting autoimmune disease. Anti-PD-1 = anti-programmed cell death receptor-1; Anti-PD-L1 = anti-programmed cell death ligand-1; CI = confidence interval.

^bBenjamini-Hochberg *P* value of statistical significance at $\leq .006$. Log-rank test was used to calculate *P* values, 2-sided.

Autoimmune diagnosis	No.	Hazard ratio (95% CI) ^a	<i>P</i> ^b
Myasthenia gravis	108	1.31 (0.85 to 2.02)	.21
Morphea	205	1.29 (0.93 to 1.79)	.13
Vasculitis	494	1.18 (0.97 to 1.44)	.09
Scleroderma	128	1.12 (0.77 to 1.63)	.55
Type 1 diabetes	3960	1.11 (1.03 to 1.19)	.002
Psoriasis	1827	1.07 (0.96 to 1.19)	.24
Mucositis	3181	1.04 (0.97 to 1.12)	.30
Inflammatory bowel disease	10 415	1.03 (0.99 to 1.08)	.17
Ankylosing spondylitis	164	1.02 (0.72 to 1.46)	.90
Rheumatoid arthritis	3176	1.01 (0.93 to 1.09)	.80
Autoimmune hepatitis	109	1.00 (0.64 to 1.57)	.99
Graves disease	416	0.96 (0.76 to 1.20)	.68
Multiple sclerosis	281	0.93 (0.70 to 1.23)	.60
Dermatomyositis	79	0.93 (0.55 to 1.55)	.77
Atopic dermatitis	1057	0.89 (0.77 to 1.03)	.12
Systemic lupus erythematosus	541	0.89 (0.74 to 1.06)	.19
Addison disease	920	0.88 (0.76 to 1.01)	.08
Bullous pemphigoid	59	0.86 (0.46 to 1.60)	.64
Hashimoto disease	655	0.75 (0.62 to 0.90)	.002
Celiac disease	241	0.74 (0.57 to 0.97)	.03
Lichen planus	292	0.70 (0.53 to 0.93)	.01
Alopecia areata	94	0.61 (0.39 to 0.97)	.04
Vitiligo	161	0.52 (0.34 to 0.81)	.003
Any cutaneous diagnosis	17 497	1.03 (1.00 to 1.07)	.05

Preexisting autoimmune Diseases and Immunotherapy

Table 2 Clinical studies reporting efficacy/safety outcomes in CPI-treated advanced NSCLC patients with preexisting autoimmune diseases

Author	Type of study	Patients, n	Tumor type	CPI type	Line of treatment	Preexisting AIDs	AIDs flare	irAEs	ORR
Danlos <i>et al.</i> (58)	Prospective	397 (AID 45; no AID 352)	Melanoma (80%); NSCLC (13%); others (7%)	PD-1/PD-L1	Median of 1 previous line of treatment	Vitiligo 32%; Ps/PsA 22%; TD 13%; pSS 7.5%; RA 3.8%; MS 3.8	24.4%	AID 44.4%; no AID 23.8%	AID 38%; no AID 28%
Cortellini <i>et al.</i> (59)	Multicenter retrospective observational	751 (AID 85; no AID 666)	NSCLC (65.5%); melanoma (21.2%); renal cell (12.5%); others (0.8%)	PD-1	1 st line 83.3%; 2 nd line 51.4%; 3 rd line 18%; >3 rd line 7.3%	Thyroid disorders (60%); dermatologic (16.4%); rheumatologic (11.8%); others (7.1%); multiple site (4.7%)	47.1%	AID 65.9%; no AID 39.9%	Active AID (50%); inactive AID (38.1%); no AID (35.3%)
Leonardi <i>et al.</i> (60)	Retrospective	56 AID	NSCLC	PD-1/PD-L1	NA	Ps/PsA (25%); IBD (20%); RA (19.5%); TD (16%) PMR (9%); SS (3.8%); MS (3.8%); others (5.4%)	23%	38%	22%
Tison <i>et al.</i> (61)	Retrospective cohort study	112	Melanoma (59%); NSCLC (35%); other (6%)	PD-1/PD-L1 (84%); CTLA-4 (13%); combination (3%)	1 st line 44%; 2 nd line 32%; >2 nd line 23%	Psoriasis/PsA (28%); RA (18%); IBD (13%); SpA (4.5%); lupus (6.3%); PMR/GCA (6.3%); others (25%)	42%	38%	Melanoma 48%; NSCLC 54%
Abu-Sbeih <i>et al.</i> (62)	Multicenter retrospective	102	Melanoma (44%); lung (23%); GI (17%); GU (7%); others (10%)	PD-1/PD-L1 (83%); CTLA-4 (7%); combination (10%)	NA	Crohn's disease (48%); ulcerative colitis (48%); unclassified (4%)	NA	41%	48%

- 14-25% of lung cancer pts have Autoimmune-disease (AID)
- Association of Rheumatoid Arthritis and Lung Cancer (up 1.77 fold risk)
- Outcomes from observational studies:
 - Ir AEs 24-41%
 - AID FLARE 23-47%

AID, autoimmune disease; GCA, giant cell arteritis; GI, gastrointestinal; GU, genitourinary; IBD, inflammatory bowel diseases; ICI, immune checkpoint inhibitor; irAEs, immunotherapy-related adverse events; MS, multiple sclerosis; NA, not available; NSCLC, non-small cell lung cancer; ORR, overall response rate; OS, overall survival; PFS, progression-free survival; PMR, polymyalgia rheumatica; pSS, primary Sjögren syndrome; Ps, psoriasis; PsA, psoriatic arthritis; RA, rheumatoid arthritis; SpA, spondylosis arthropathy; SS, scleroderma; TD, thyroiditis.

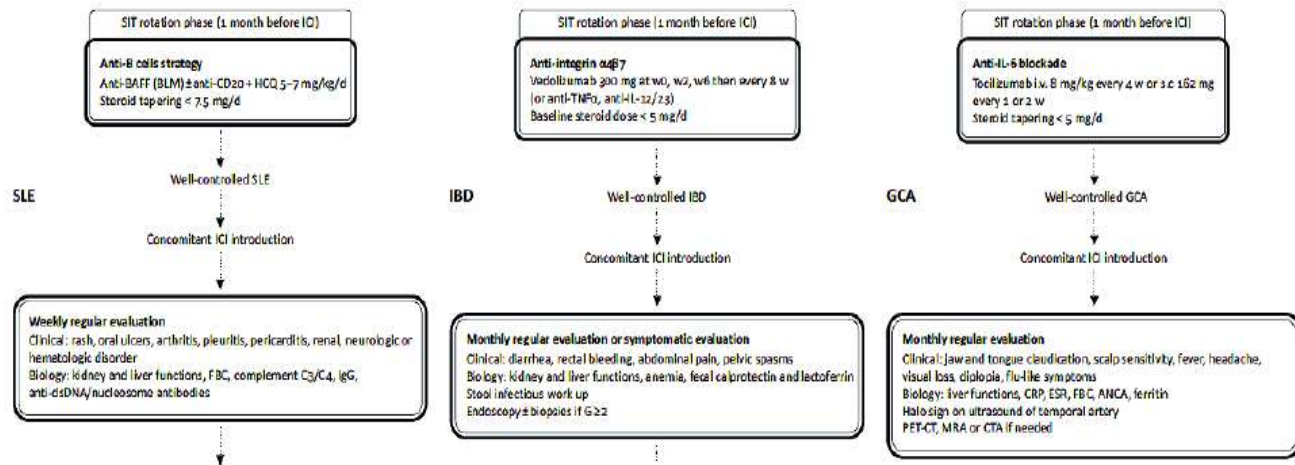
Recommendations for Pre-existing AD

international panel of experts from the International Association for the Study of Lung Cancer (IASLC)

Current evidence indicates that ICI could be offered to patients with NSCLC with non-life-threatening and quiescent AIDs. Nevertheless, close monitoring is highly recommended. Available evidence cannot be extrapolated to cases with more severe AID or in patients with specific AID subtypes.

depending on autoimmune pathology, 2-step approach:

- first phase lasting 1 month: control the autoimmune pathology
- second phase: immunotherapeutic drug may be introduced
- Monitoring, Multidisciplinary Team



Conclusions

- **I-O is an evolving treatment modality that includes active immunotherapies that are designed to target and harness the patient's own immune system directly to fight cancer**
- **Immune checkpoint inhibitors (ICIs) against CTLA-4 and PD-1/PD-L1 are very commonly used in everyday practice and produce durable responses**
- **Therapy with ICIs can result in a novel spectrum of AEs arising from the activation of the immune system and require prompt recognition and treatment**
- **Incidence of rheumatic irAEs is less well characterized**
- **ESMO guidelines suggest refer to a rheumatologist for ≥ 2 events**
- **I-O can be offered in patients with pre-existing autoimmune diseases**